

What IS in My Water?

Drinking water across Rhode Island is subject to rigorous and frequent testing to ensure that tap water is meeting Safe Drinking Water Act standards. Each time you turn on your faucet, community, state, and national drinking water protection efforts are working to make certain that you are receiving clean and safe drinking water.

Water suppliers work hard to remove all contaminants from your water, including recent work to eliminate lead from system pipes. During times of system pipe replacement, or in homes with older pipes, families can check lead levels and use filters if necessary.

Lead and other contaminant at-home test kits are available through your Public Water Supplier or through certified drinking water labs available on our website, for both public and well water. You can also buy cost-effective water filters that remove lead and other contaminants from your tap, while keeping good minerals like fluoride!

What is Fluoride ?

Fluoride is a mineral that strengthens teeth. It is naturally occurring, but not typically at the necessary level to protect your teeth. Water systems add small, safe amounts of fluoride to your water to reach the level to prevent tooth decay. This is called **community water fluoridation**. Community water fluoridation does not pose any health risks and has been backed by years of research **available on our website**.

Note: There is no connection between per- and polyfluoroalkyl substances, commonly called PFAS, and fluoride used to strengthen teeth.



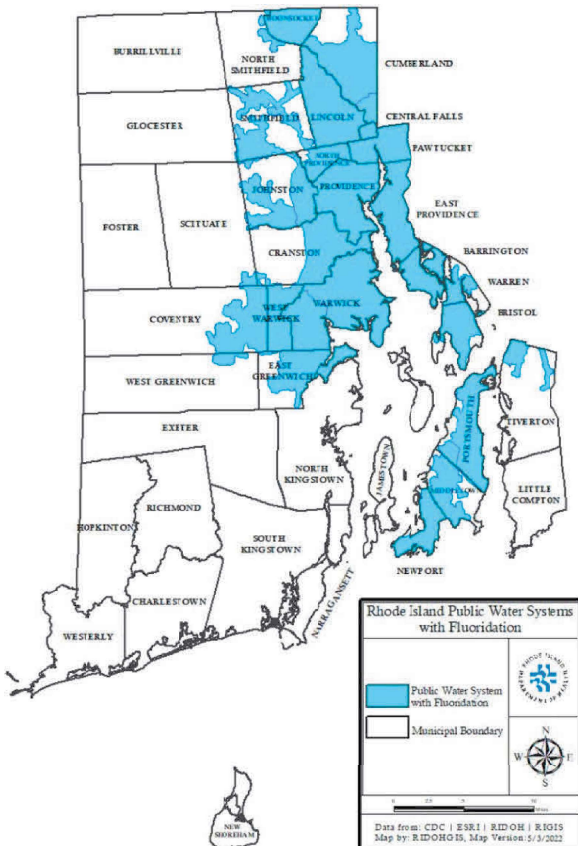
Make A Pledge With Us

Use water refill stations whenever you can! Refill stations use NSF-certified filters, that filter out all contaminants including lead from the pipes, making them safe to drink from!

Reusable bottles are a great way to reduce waste, and an affordable way to keep your drink cool!

Spread the word about the safety of tap water to support the work of your community health workers!

Check your Water Systems Consumer Confidence Reports! Your community is required to share with you what is in your water. This is called the Consumer Confidence Report. These reports highlight if there are any contaminants in your drinking water, and what their levels are compared to the legal allowed amount. **These reports are available on your water supplier's website.**



LOOKING FOR MORE INFO?



RIDOH
Oral Health Program
Health.ri.gov/rifluoride

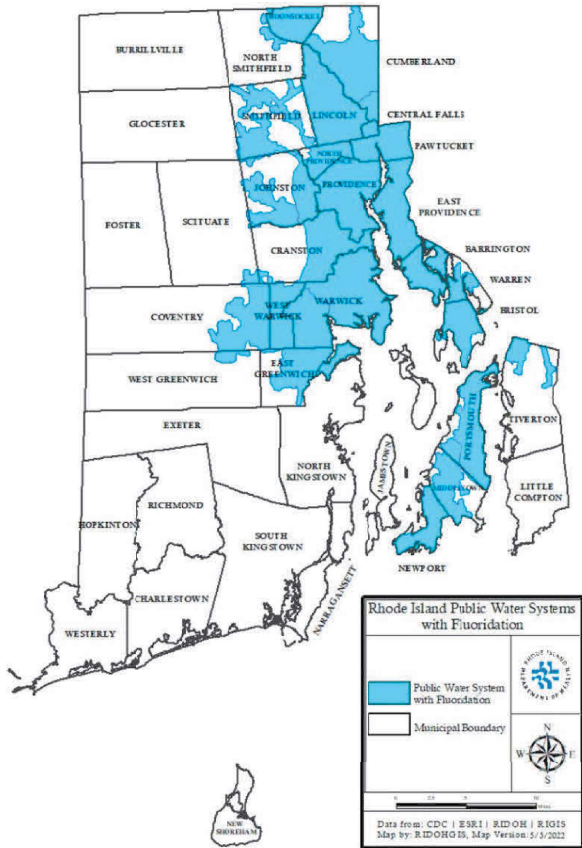
RIDOH
Drinking Water Quality
tinyurl.com/ritapwater



View your
Consumer Confidence Report
tinyurl.com/rih2oreports

CDC
Some Fluoride Info
cdc.gov/fluoridation





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