

STATE OF RHODE ISLAND  
AND PROVIDENCE PLANTATIONS

DEPARTMENT OF HEALTH  
HEALTH SERVICES REGULATION  
BOARD OF PHYSICAL THERAPY



Department of Health  
Three Capitol Hill  
Providence, RI 02908-5097  
TTY: 711  
www.health.ri.gov

vs.

**JULIE KARAS (PT00937)**

### CONSENT ORDER

Pursuant to Section 5-40-13 of the General Laws of the State of Rhode Island, 2004 Reenactment, and the Rules and Regulations promulgated thereunder, the Department of Health (hereinafter "Department"), the Board of Physical Therapy (hereinafter "Board") has investigated a complaint charging Julie Karas (hereinafter "Respondent") with a violation of Section 5-40-13 of the General Laws of the State of Rhode Island, 2004 Reenactment.

After consideration by the Department, the following constitutes the Findings of Fact with respect to the professional performance of the Respondent:

1. Respondent is a licensed physical therapist licensed to practice in the State of Rhode Island.
2. That on or about January 15, 2009, Respondent did take a prescription pad from her physician, wrote a prescription for Norco for her own use and presented it to a pharmacy. Respondent did not retrieve the filled prescription from said pharmacy. Respondent did enter treatment for substance abuse subsequent to this incident

The conduct described in paragraph two (2) herein constitutes unprofessional conduct pursuant to Section 5-40-13 of the Rhode Island General Laws and the Rules and Regulation promulgated thereunder.

The parties agree as follows:

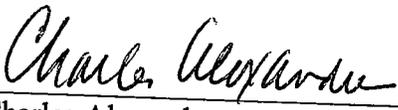
1. Respondent is a physical therapist licensed to practice in the State of Rhode Island.
2. Respondent admits to the jurisdiction of the Department and hereby agrees to remain under the jurisdiction of the Department.
3. Respondent has read this Consent Order and understands that it is a proposal of the Department and is subject to the final approval by the Department. This Consent Order and the contents thereof are not binding on Respondent until final approval by the Department.
4. Respondent hereby acknowledges and waives:
  - a) The right to appear personally or by counsel or both before the Department;
  - b) The right to produce witnesses and evidence in her behalf at a hearing;
  - c) The right to cross-examine witnesses;
  - d) The right to have subpoenas issued by the Department;
  - e) The right to further procedural steps except for those specifically contained herein; and
  - f) Any and all rights of appeal of this Consent Order.
5. This Consent Order shall become part of the public record of this proceeding once it is accepted by all parties.

6. Acceptance by the Respondent and approval by the Department of this Consent Order constitutes an admission of the facts contained herein.
7. That Respondent agrees to a two (2) year period of probation.
8. The Respondent agrees that she will continue in individual counseling and or treatment for substance abuse approve by the Board, and shall continue such counseling and or treatment programs as the healthcare professional rendering her care deems appropriate.
9. Respondent waives confidentiality of treatment and will direct the healthcare professional rendering treatment to release any progress reports to the Board including, but not limited to, quarterly progress reports and random urine and drug screening reports for the duration of the Respondent's treatment program.
10. That should Respondent comply with the laws and regulations governing the practice of physical therapy during the period of probation and comply with the requirements of the Consent Order, she may apply to the Board for an unrestricted license to practice as a physical therapist.
11. That should Respondent fail to comply with the laws and regulations governing the practice of physical therapy and/or fail to comply with the requirements of the Consent Order, her license to practice as physical therapist shall be subject to suspension or other appropriate disciplinary action.

2-20-2010  
Date

  
Julie Karas

3/1/10  
Date

  
Charles Alexandre  
Chief, Health Professions Regulation