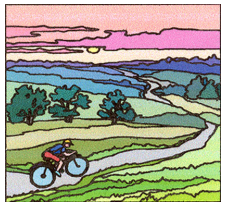
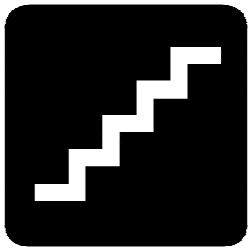
WANT TO BE FIT?

ALL YOU DO IS SIT?

Use the Stairs

TAKE YOUR FIRST STEP ON THE *RHODE TO HEALTH*



Member organizations of the *Rhode to Health* Coalition are:
Bradley Hospital • Butler Hospital •Care New England Wellness Centers • Eleanor Slater Hospital • Kent Hospital • Landmark Medical Center • Memorial Hospital of RI • Newport Hospital • Our Lady of Fatima Hospital • Rehabilitation Hospital of RI • RI Department of Health • Rhode Island Hospital • Roger Williams Medical Center • St. Joseph Hospital for Specialty Care • South County Hospital • The Miriam Hospital • Westerly Hospital • Women and Infants Hospital of RI