			Heal	lth Risk	Behavio	and Per	centages	;				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among stu	udents wh	no rode a	bicycle d	luring the	past 12 r	nonths, tl	ne percen	tage who	never or	rarely			
			90.7		84.5	78.9	82.9	80.4	82.1	77.5	78.1	Decreased, 1997-2013	Decreased, 1997-2003 No change, 2003-2013	No change
QN9: I else	ercentage	e of stude	nts who r	never or i	arely wo	re a seat b	elt when	riding in	a car dri	ven by so	omeone			
			32.7		17.9	15.6	12.5	13.7	13.1	10.1	5.7	Decreased, 1997-2013	Decreased, 1997-2003 Decreased, 2003-2013	Decreased
		ge of stud					ring the p	ast 30 da	ys in a ca	ır or othe	r			
							ring the p	ast 30 da 27.5	ys in a ca 23.1	ar or othe	20.1	Decreased, 1997-2013	No quadratic change	No change
vehicle QN15:	driven by Percentag		35.9 ents who	l been dr	inking ald	cohol 28.2	28.8	27.5	23.1	21.9	20.1	Decreased, 1997-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

otal jury a	nd Violer	ice	Hea	lth Risk	Behavio	and Per	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag would b							e of the p	ast 30 day	s becaus	e they			
			5.8		10.3	5.8	5.5	4.2	7.4	5.9	7.2	No linear change	No quadratic change	No change
QN20:	Percentage 12 month		35.2	were in	31.4 a physica	27.6 l fight on	28.4 school p	26.3	25.1	23.5	18.8 during	Decreased, 1997-2013	No quadratic change	Decreased
			13.6		12.7	11.4	11.2	9.6	9.1	7.8	6.3	Decreased, 1997-2013	Decreased, 1997-2005 Decreased, 2005-2013	No change
the past QN21:	Percentag	ge of stud		had ever								Decreased, 1997-2013		No change
the past QN21:		ge of stud		had ever								Decreased, 1997-2013 No linear change		No change
the past QN21: did not			lents who		been phy	ysically for 6.3	orced to 1	have sexu	ual interco	ourse who	en they	,	Decreased, 2005-2013	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Total njury a	nd Violeı	nce												
			Hea	lth Risk	Behavio	r and Per	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN25:	Percenta	ge of stud	lents who	had ever	been ele	ctronical	ly bullied	d during t	he past 1	2 months	3			
										15.3	14.3	No linear change	Not available§	No change
QN27:	Percenta	ge of stud	lents who	seriousl	25.7 y conside	24.3 red attem	25.7	23.6	25.0 ang the pa	24.6 ast 12 mor	25.8 nths	No linear change	No quadratic change	No change
QN27:	Percenta	ge of stud	lents who	seriously	y conside 16.5	red attem 14.1	pting sui 14.0	icide duri 12.1	ng the pa	st 12 moi	nths 13.9	Decreased, 1997-2013	Decreased, 1997-2007	No change
													No change, 2007-2013	
QN28: months	Percentag	ge of stud	lents who	made a j	plan abou	t how the	ey would	attempt	suicide di	uring the	past 12			
			17.1		12.4	11.2	11.0	11.5	11.3	10.7	9.9	Decreased, 1997-2013	Decreased, 1997-2003 No change, 2003-2013	No change
QN29: months	Percenta	ge of stud	lents who	actually	attempte	d suicide	one or m	nore time	s during t	the past 1	2			
			9.6		8.1	8.3	8.4	9.3	7.7	8.7	14.3	Increased, 1997-2013	No change, 1997-2009 Increased, 2009-2013	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

otal obacco) Use		Hea	ılth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			2011 2010
QN31:	Percentag	ge of stud	lents who	ever trie	ed cigaret	te smokir	ng, even o	one or tw	o puffs					
			69.1		60.2	49.7	44.7	43.1	39.4	35.0	29.7	Decreased, 1997-2013	No quadratic change	No change
QN32:	Percentag	ge of stud	lents who	smoked	a whole	cigarette	for the fir	rst time b	efore age	13 years	3			
			24.4		22.3	16.3	12.7	11.5	8.4	7.1	5.6	Decreased, 1997-2013	Decreased, 1997-2003 Decreased, 2003-2013	No change
QN33:	Percentag	ge of stud	lents who	smoked	cigarette	s on one	or more o	of the pas	t 30 days					
			35.4		24.8	19.3	15.9	15.1	13.3	11.4	8.0	Decreased, 1997-2013	No quadratic change	No change
QNFR	CIG: Perc	centage of	f students	s who sm	oked ciga	rettes on	20 or mo	ore of the	past 30 c	lays				
			19.3		14.2	9.0	8.3	6.2	5.4	4.4	3.1	Decreased, 1997-2013	No quadratic change	No change
	Among s	students v	who repor	ted curre	ent cigaret	te use, the	e percent days	tage who	smoked	more thar	n 10			
QN34: cigaret	tes per day													

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

otal obacco	Use													
			Hea	lth Risk I	Behavior	and Pe	rcentage	S				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
				less than wn cigaret										
, -					28.7	21.5	22.2	27.0	25.0	25.5	28.7	No linear change	No quadratic change	No change
QN36: days	Percenta	ge of stud	lents who	smoked o	cigarettes	s on scho	ol propei	ty on one	e or more	of the pa	st 30			
			20.4		14.0	9.1	7.5	7.4	5.4	4.6	2.8	Decreased, 1997-2013	No quadratic change	Decreased
ON27.		ge of stud	lents who	Over eme	alrad aiga	44 1 1	1 4 4	1						
	ays			ever sinc	oked ciga	rettes da	ily, that i	s, at least	one ciga	rette ever	y day			
	ays			ever sinc	18.5	14.3	12.5	s, at least	9.2	rette ever	y day 5.9	Decreased, 2001-2013	No quadratic change	No change
for 30 d QN38:	Among s	tudents w	vho repor	ted curren	18.5	14.3	12.5	11.5	9.2	8.0	5.9	Decreased, 2001-2013	No quadratic change	No change
for 30 d QN38:	Among s		vho repor	ted curren	18.5	14.3	12.5	11.5	9.2	8.0	5.9	Decreased, 2001-2013 No linear change	No quadratic change No quadratic change	No change
for 30 d QN38: cigarett	Among s	the past	ho repor 12 month	ted curren	18.5 nt cigaret 55.6	14.3 te use, th 50.3	12.5 e percent 51.5	11.5 age who 59.3	9.2 ever tried 46.3	8.0 d to quit s 48.5	5.9 moking 51.9	,		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Total Tobacco	Use		Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN40: days	Percentag	ge of stud	lents who	smoked	cigars, ci	garillos,	or little c	igars on o	one or mo	ore of the	past 30			
,-					14.0	10.5	12.3	12.9	10.1	13.3	9.4	No linear change	No quadratic change	Decreased
	YTOB: P				smoked c	igarettes	or cigars	or used o	chewing t	obacco, s	snuff, or			
p on 6			F 2 0 0.	<i>,</i> ,	29.2	23.4	20.2	21.6	18.9	17.9	15.1	Decreased, 2001-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Total Alcohol	and Othe	er Drug I	Use											
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN42: years	Percentag	ge of stud	dents who	had thei	r first dri	nk of alco	ohol othe	r than a f	ew sips b	efore age	e 13			
			33.7		29.7	24.7	21.7	21.1	15.8	15.6	13.5	Decreased, 1997-2013	No quadratic change	No change
QN43:	Percentag	ge of stud	dents who	had at lo	east one d	lrink of a	lcohol on	one or n	nore of th	e past 30	days			
			52.2		50.3	44.5	42.7	42.9	34.0	34.0	30.9	Decreased, 1997-2013	No quadratic change	No change
	Percentagon one or				or more	drinks of	alcohol	in a row,	that is, w	rithin a co	ouple of			,
			32.2	,	30.7	26.8	24.5	23.3	18.7	18.3	15.3	Decreased, 1997-2013	No quadratic change	No change
QN47:	Percentag	ge of stud	dents who	used ma	arijuana o	ne or mo	re times o	during the	eir life					
			47.0		48.3	44.2	42.6	40.3	39.9	40.1	39.5	Decreased, 1997-2013	No quadratic change	No change
QN48:	Percentag	ge of stud	dents who	tried ma	arijuana fo	or the firs	t time be	fore age	13 years		-			
			10.9		12.8	10.9	9.6	9.2	8.3	7.1	6.8	Decreased, 1997-2013	No change, 1997-2003 Decreased, 2003-2013	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN49:	Percentag	ge of stud	dents who	used ma	rijuana o	ne or moi	re times o	luring the	e past 30	days				
			28.7		33.2	27.6	25.0	23.2	26.3	26.3	23.9	Decreased, 1997-2013	No quadratic change	No change
QN50: nore tii	Percentagnes durin	ge of stud g their lit	fents who	used any	y form of	cocame,	meruam	g powder,	, crack, o	r ireebas	e one or			
QN50: nore tii	Percentagnes durin	ge of stud g their li	fents who	used any	9.9	6.2	7.7	g powder,	5.4	5.9	4.5	Decreased, 1997-2013	No change, 1997-2005 Decreased, 2005-2013	No change
nore tii	nes durin	g their lit	fe	have tak	9.9	6.2	7.7	5.8 h as Oxy	5.4 Contin, P	5.9 Percocet,	4.5 Vicodin,	Decreased, 1997-2013		No change
more tii	nes durin	g their lit	fe 7.0	have tak	9.9	6.2	7.7	5.8 h as Oxy	5.4 Contin, P	5.9 Percocet,	4.5 Vicodin,	Decreased, 1997-2013 No linear change		No change
QN56: codeine	Percenta, Adderal	g their lings ge of stud	fe 7.0	have tak x) withou	9.9 ken a pres	6.2 cription or's prescri	7.7 drug (suc	5.8 h as Oxyo	5.4 Contin, Petimes du	5.9 Percocet, Varing their	4.5 Vicodin, r life 13.5	· · · · · · · · · · · · · · · · · · ·	Decreased, 2005-2013	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	llth Risk	Behavio	and Per	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stud	ents who	ever had	l sexual ii	ntercours	e							
			42.7		45.9	44.3	46.7	45.5	44.2	41.7	37.4	Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	No change
QN60:	Percentag	ge of stud	ents who	had sexu	ual interco	ourse for	the first t	time befo	re age 13	years				
			5.7		6.5	5.5	5.9	6.1	5.2	4.9	4.1	Decreased, 1997-2013	No quadratic change	No change
QN61:	Percentag	ge of stud	ents who	had sexi	ual interco	ourse wit	h four or	more peo	ople durir	ng their li	fe			
			12.1		14.3	10.9	13.0	10.9	11.2	10.5	7.9	Decreased, 1997-2013	No change, 1997-2005 Decreased, 2005-2013	No change
QN62: months	Percentag	ge of stud	ents who	had sexu	al interco	ourse wit	h one or	more peo	ple durin	g the pas	t three			
			31.1		36.1	31.1	36.5	33.1	32.3	29.8	27.0	Decreased, 1997-2013	No change, 1997-2005 Decreased, 2005-2013	No change
	Among s					during the	e past thr	ee month	s, the per	centage	who			
		-				63.0	65.8	66.0	61.2	59.1	67.6	Increased, 1997-2013	No quadratic change	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Total Sexual B	ehaviors		Hea	lth Risk	Behavio	r and Pe	rcentage:	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN85:	Percentag	ge of stud	dents who	had eve	r been tau	ight in sc	hool abou	at AIDS	or HIV ir	fection				
			95.0		90.4	91.6	87.4	89.4	86.7	83.3	82.5	Decreased, 1997-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavioi	and Per	centage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					overweig and sex)§		ıt or abov	e the 85t	h percent	tile but be	elow the			
					14.0	14.4	15.1	16.1	16.5	14.9	16.2	No linear change	No quadratic change	No change
muex, t					0.1	0.8	12.0	10.6	10.2	10.9	10.7	No linear change	No quadratia abanga	No abanga
			lents who	describe	9.1	9.8 lves as sl	12.8	10.6	10.2	10.8	10.7	No linear change	No quadratic change	No change
			dents who	describe	9.1 ed themse 30.8					28.3	29.6	No linear change No linear change	No quadratic change No quadratic change	No change
QN66:	Percenta	ge of stuc	29.2	,	d themse	lves as sl	ightly or 33.2	very ove	rweight					
	Percenta	ge of stuc	29.2	,	ed themse 30.8	lves as sl	ightly or 33.2	very ove	rweight					
QN66: QN67: QN68:	Percenta Percenta	ge of stuc	29.2 dents who 43.2	were try went wi	and themse 30.8 sing to los 42.0 thout eati	lves as sl 30.1 e weight 44.3	33.2 45.3	very ove 29.1 47.8	rweight 27.8 45.5	28.3	29.6	No linear change	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on tens analysis, p < 0.05.

Soverweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

			Hea	lth Risk	Behavior	and Per	centage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N69: ose we	Percentagight or to	ge of stud keep fro	lents who	took any weight	diet pills during the	, powder past 30 c	s, or liqu lays	ids witho	out a doct	or's advic	ce to			
										5.6	5.3	No linear change	Not available [§]	No change
	Percentage during the			vomited	or took la	4.1	o lose w	eight or t	o keep fro	om gainii 5.5	7.0	No linear change	Decreased, 1997-2003 Increased, 2003-2013	Increased
		go of stud	lents who	drank 10	00% fruit	inices on	e or mor	e times d	uring the	past seve	en days			
QN71:	Percentag	ge of stuc	ichts who	dialik iv	70% Huit	juices on								
QN71:	Percentag	ge of stuc	ents who	diank iv	88.4	86.5	84.3	84.2	83.3	83.6	78.9	Decreased, 2001-2013	No quadratic change	Decreased
	Percentage Percentage				88.4	86.5	84.3				78.9	Decreased, 2001-2013	No quadratic change	Decreased
					88.4	86.5	84.3				78.9 87.6	Decreased, 2001-2013 Increased, 2001-2013	No quadratic change No quadratic change	Decreased No change
QN72:		ge of stuc	lents who	ate fruit	88.4 one or me 86.2	86.5 ore times 85.7	84.3 during the 86.1	ne past se 85.8	even days 87.2	87.5		,		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN74:	Percenta	ge of stud	lents who	ate pota	toes one o	or more ti	imes duri	ng the pa	st seven	days				
					76.4	74.9	74.4	74.1	71.6	71.9	71.7	Decreased, 2001-2013	No quadratic change	No change
QN75:	Percenta	ge of stud	lents who	ate carro	ots one or	more tin	nes durin	g the past	seven da	ays				
					55.9	53.9	52.2	53.3	52.6	51.6	53.6	No linear change	No quadratic change	No change
QN76:	Percenta	ge of stud	lents who	ate othe	r vegetab	les one o	r more tir	nes durin	g the pas	t seven d	lays			
					85.1	84.1	82.1	82.9	81.3	83.4	82.5	No linear change	No quadratic change	No change
	VG: Percoven days	entage of	students	who ate	fruits and	vegetabl	es five or	more tir	nes per d	ay during	g the			
					27.4	28.4	25.4	19.0	22.6	22.6	20.8	Decreased, 2001-2013	No quadratic change	No change
	JIT: Perc			who ate	fruits or o	drank 100)% fruit j	uices two	or more	times pe	r day			
Č	•	•			39.7	39.6	37.5	30.9	34.9	34.1	32.6	Decreased, 2001-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

	ranagen	nent and	•	Behavior lth Risk		r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFR(seven d		tage of st	udents w	ho ate fru	its or dra	nk 100%	fruit juic	ces 0 time	s per day	during t	he past			
					5.3	5.5	6.1	5.2	5.4	5.0	5.1	No linear change	No quadratic change	No change
		tage of streven days		ho ate fru	its or dra	nk 100% 67.6	fruit juic	ces one or	more tin	mes per da	ay 61.9	Decreased, 2001-2013	No quadratic change	No change
ONIEDA	D .	C 4	1 , 1		. 1	1 1000/	c :, : :	- 4			1.			
		tage of streven days		ho ate fru	its or dra	nk 100%	fruit juic	ces three	or more ti	imes per	day			Tio Change
				ho ate fru	its or dra 27.9	nk 100% 28.5	fruit juic	ces three c	or more to	imes per	day 21.1	Decreased, 2001-2013	No quadratic change	No change
during (he past se	even days		ho ate fru	27.9	28.5	26.4	20.9	23.2	21.9	21.1	,		
during (he past se	even days			27.9	28.5	26.4	20.9	23.2	21.9	21.1	,		
QNVEO	he past se	even days	tudents w		27.9 egetables	28.5 three or r	26.4 more time	20.9 es per da	23.2 during t 12.9	21.9 the past so 14.1	21.1	Decreased, 2001-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavio	and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
NVE lays	G1: Perc	entage of	students	who ate v	egetable:	s one or r	nore time	es per day	during t	he past se	even			
					70.6	67.9	66.2	65.0	63.1	64.7	63.9	Decreased, 2001-2013	No quadratic change	No change
QNVE days	G2: Perc	entage of	students	who ate v	egetable	s two or 1	nore time	es per day	during t	he past se	even			
					32.9	35.2	30.9	26.8	27.9	29.6	28.6	Decreased, 2001-2013	No quadratic change	No change
		centage of							o or more	e times pe	er day			
					12.6	15.2	11.6	8.6	9.7	10.3	9.8	Decreased, 2001-2013	No quadratic change	No change
		ge of stud	dents who	drank a	can, bottl	e, or glas	s of soda	or pop o	ne or mo	re times p	per day			
		even days	3									D 1 2007 2012	NT / "1 1 1 8	
			3					25.2	21.2	20.2	17.4	Decreased, 2007-2013	Not available [§]	No change
during QNSO	DA0: Per		of student	s who dra	ank a can	, bottle, o	or glass of					Decreased, 2007-2013	Not available*	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	and Per	centages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
				s who dra	ank a can	, bottle, o	r glass of	soda or p	pop two o	or more ti	imes per			
iay duri	ng me pa	ist seven	uays					17.6	14.9	13.8	10.7	Decreased, 2007-2013	Not available§	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

otal hysical	Activity													
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage of the pa			were ph	ysically a	active for	a total of	f at least	60 minute	es per day	y on five			
							32.2	41.9	44.0	46.7	44.9	Increased, 2005-2013	Not available§	No change
	DAY: Pe			nts who	were phy	sically ac	tive for a	total of a	nt least 60) minutes	per day			
on o or	the past s	even day	5				26.1	13.3	13.3	12.1	12.8	Decreased, 2005-2013	Not available	No change
	DAY: Pe			nts who	were phy	sically ac	tive for a	total of a	nt least 60) minutes	per day			
	•	J					18.2	24.1	23.8	26.7	23.2	Increased, 2005-2013	Not available	No change
QN81:	Percentag	ge of stud	lents who	watched	d three or	more ho	urs per da	y of TV	on an ave	erage sch	ool day			
					34.1	31.9	36.0	27.4	29.1	28.0	27.1	Decreased, 2001-2013	No quadratic change	No change
	Percentag s not scho								omputer	for somet	thing			
							_	•						

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1 991 19	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N83: Perc					l physical	l educatio	on (PE) cl	lasses on	one or m	ore days	in an			
					d physical	l education	on (PE) cl 86.7	lasses on 78.6	one or mo	ore days:	in an 76.9	Decreased, 1997-2013	No quadratic change	No change
	eek whe	en they v	90.8 of student	ehool	88.1	89.6	86.7	78.6	82.3	78.3	76.9	Decreased, 1997-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Fotal Other			Hea	lth Risk	Behavio	r and Pei	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
ONOC	Percenta	ge of stud	lents who	had eve	r been tol	ld by a do	ctor or ni	urse that	they had	asthma				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

'otal ite-Add	led		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage months	ge of stud	lents who	would d	escribe tl	heir grade	es in scho	ol as mos	stly A's o	r B's duri	ng the			
1								64.0	62.9	67.4	70.5	Increased, 2007-2013	Not available [§]	No change
QN88:	Percentag	ge of stud	lents who	have ph	ysical dis	sabilities o	or long-te	erm healt	h problen	ns				
								11.2	9.9	12.2	8.5	No linear change	Not available	Decreased
QN89:	Percentag	ge of stud	lents who	have lor	ng-term e	motional	problem	s or learn	ing disab	ilities				
								12.9	12.1	14.9	12.4	No linear change	Not available	Decreased
	Percentager they smo			were as	ked by a	doctor, de	entist, or	nurse dur	ring the p	ast 12 mo	onths			
								28.2	30.4	31.8	34.7	Increased, 2007-2013	Not available	No change
	Percentage f the past		lents who	used che	ewing tob	oacco, snu	uff, or dip	on scho	ol proper	ty on one	or			
0.	r	, -								3.2	5.3	Increased, 2011-2013	Not available	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

otal ite-Add	ed		Heal	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
 QN103:	Percenta	age of stu	idents wh	o have h	ad sexual	l contact	with male	es and fer	nales dur	ing their	life			
								5.3	4.4	5.1	4.7	No linear change	Not available§	No change
QN104:	Percenta	age of stu	idents wh	o describ	e themse	elves as g	ay or lest	oian or bi	sexual					
								7.2	6.4	7.7	7.7	No linear change	Not available	No change
QN108: nave ast		age of stu	idents wh	o had be	en told by	y a doctor	r or nurse	that they	had asth	ıma and v	who still			
								13.6	11.7	13.9	12.0	No linear change	Not available	Decreased
			idents wh			or or nurse	e for a ch	eck-up or	physical	exam du	iring the			
		3							71.8	73.6	79.0	Increased, 2009-2013	Not available	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

ale jury a	nd Violer	ıce	Поо	alth Diale	Daharia	and Do		-				Linear Change*	Ovedvetic Change*	Changa from
			пеа	ılth Risk	Dellavioi	r and Per	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among stubicycle he		no rode a	bicycle d	luring the	past 12 i	months, t	he percer	ntage who	never o	r rarely			
			90.9		88.2	82.2	86.2	84.7	82.8	81.0	82.5	Decreased, 1997-2013	No quadratic change	No change
QN9: I	Percentage	e of stude	ents who	never or 1	arely wo	re a seat	belt when	riding ii	n a car dri	iven by s	omeone			
			36.9		22.4	20.6	15.7	16.5	16.0	12.4	7.3	Decreased, 1997-2013	No quadratic change	Decreased
	Percentag driven by						ring the p	oast 30 da	ays in a ca	ar or othe	er			
	,		37.6		34.7	25.9	31.3	28.5	22.0	22.3	19.2	Decreased, 1997-2013	No quadratic change	No change
	Percentage more of the			carried a	a weapon	such as a	a gun, kni	fe, or clu	ıb on scho	ool prope	rty on			
			11.1		7.5	8.6	7.4	7.6	5.8	5.7	7.4	Decreased, 1997-2013	No quadratic change	No change
ON16:	Percentag	ge of stud	lents who	o did not g	go to scho	ool on on or from	e or more	of the p	ast 30 day	ys becaus	se they			
felt the														

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

jury a	nd Violer	ice	Hea	lth Risk	Behavio	r and Pei	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18:	Percentag	ge of stud	dents who	were in	a physica	l fight on	e or mor	e times d	uring the	past 12 n	nonths			
			42.2		41.0	35.0	37.0	33.7	30.5	29.7	23.4	Decreased, 1997-2013	No quadratic change	Decreased
	Percentage 12 month		dents who	were in	a physica	l fight on	school p	property (one or mo	ore times	during			
			18.8		17.7	14.3	14.8	13.2	11.7	10.2	8.0	Decreased, 1997-2013	No quadratic change	No change
	Percentage want to	ge of stud	dents who	had eve	r been ph	ysically f	orced to l	have sexu	ual interco	ourse wh	en they			
					7.0	5.7	5.9	7.9	5.3	5.2	7.0	No linear change	No quadratic change	No change
QN24:	Percentag	ge of stud	dents who	had eve	r been bu	llied on se	chool pro	perty du	ring the p	ast 12 m	onths			
									15.3	17.6	15.6	No linear change	Not available§	No change
ON25:	Percentag	ge of stud	dents who	had eve	r been ele	ectronical	ly bullied	l during t	he past 1	2 months				
Q1123.														

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Male Injury a	nd Violer	ıce												
			Hea	lth Risk	Behavio	and Per	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag t they stop								two week	s or mor	e in a			
					20.5	19.4	17.2	17.8	20.3	17.6	16.5	No linear change	No quadratic change	No change
QN27:	Percentag	ge of stud	lents who	seriousl	y conside	red attem	pting sui	cide duri	ng the pa	st 12 mo	nths			
			17.2		13.7	11.9	10.7	9.4	9.0	10.1	9.5	Decreased, 1997-2013	No quadratic change	No change
QN28: months	Percentag	ge of stud	dents who	made a	plan abou	t how the	y would	attempt s	suicide di	uring the	past 12			
			12.7		9.2	9.3	8.8	9.5	9.8	8.8	6.9	Decreased, 1997-2013	No quadratic change	No change
QN29: months	Percentag	ge of stud	dents who	actually	attempte	d suicide	one or m	ore times	during t	he past 1	2			
			6.1		5.9	6.9	5.6	8.2	7.1	9.1	14.1	Increased, 1997-2013	No change, 1997-2009 Increased, 2009-2013	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Male Fobacco	Use													
			Hea	lth Risk	Behavior	r and Pei	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stud	lents who	ever trie	ed cigarett	te smokin	ıg, even o	one or tw	o puffs					
			69.4		57.9	46.6	42.9	43.4	39.9	37.1	30.5	Decreased, 1997-2013	Decreased, 1997-2005 Decreased, 2005-2013	Decreased
QN32:	Percentag	ge of stud	lents who	smoked	a whole o	cigarette	for the fir	rst time b	efore age	13 years	3			
			26.7		22.4	16.8	13.3	12.5	8.8	9.1	6.7	Decreased, 1997-2013	No quadratic change	No change
QN33:	Percentag	ge of stud	lents who	smoked	cigarettes	s on one	or more o	of the pas	t 30 days					
			35.3		24.1	16.9	14.7	16.4	13.3	13.3	8.0	Decreased, 1997-2013	No quadratic change	Decreased
QNFR	CIG: Perc	entage of	f students	s who sm	oked ciga	rettes on	20 or mo	ore of the	past 30 d	lays	,			
			19.8		15.1	8.2	7.4	7.7	5.6	5.6	3.7	Decreased, 1997-2013	No quadratic change	No change
QN36: days	Percentag	ge of stud	lents who	smoked	cigarettes	s on scho	ol proper	ty on one	e or more	of the pa	ast 30			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Iale 'obacco	Use		Heal	lth Risk	Behavio	r and Pei	rcentage:	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN37: for 30 d		ge of stud	ents who	ever smo	oked ciga	rettes dai	ily, that is	s, at least	one ciga	rette evei	y day			
					17.8	13.4	10.3	12.0	8.5	9.1	6.8	Decreased, 2001-2013	No quadratic change	No change
QN39: days	Percentag	ge of stud	ents who	used che	ewing tob	oacco, snu	ıff, or dip	on one o	or more o	of the past	: 30			
			10.4		6.1	7.0	6.7	10.6	9.5	9.8	10.0	No linear change	No quadratic change	No change
QN40: days	Percentag	ge of stud	ents who	smoked	cigars, ci	igarillos,	or little c	igars on o	one or mo	ore of the	past 30			
					21.5	14.2	18.5	19.6	15.3	19.1	12.4	Decreased, 2001-2013	No quadratic change	Decreased
					smoked c	rigarettes	or cigars	or used o	chewing t	tobacco,	snuff, or			
	ne or mo	ic of the	publ 50 at	u j b										

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

icohol	and Othe	er Drug V		lth Risk	Behavio	and Per	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN42: years	Percenta	ge of stud	dents who	had thei	r first drii	nk of alco	ohol othe	r than a fo	ew sips b	efore age	13			
			36.7		34.6	29.4	24.3	25.8	16.8	16.7	15.7	Decreased, 1997-2013	No quadratic change	No change
	ъ.	as of atur	1 4 1	1 1 . 1	. 1	1 6 1	1 1							
			53.7		53.3	42.2	42.7	42.8	32.2	32.6	29.2	Decreased, 1997-2013	No quadratic change	No change
	Percenta	ge of stud	53.7	had five	53.3	42.2	42.7	42.8	32.2	32.6	29.2	Decreased, 1997-2013	No quadratic change	No change
QN44:		ge of stud	53.7	had five	53.3	42.2	42.7	42.8	32.2	32.6	29.2	Decreased, 1997-2013 Decreased, 1997-2013	No quadratic change No quadratic change	No change
QN44: hours,	Percenta	ge of stud more of t	53.7 dents who he past 3 36.2) had five 0 days	53.3 or more 34.8	42.2 drinks of 28.0	42.7 alcohol i 27.1	42.8 n a row, 25.6	32.2 that is, w	32.6	29.2 uple of	,		
QN44: hours,	Percenta on one or	ge of stud more of t	53.7 dents who he past 3 36.2) had five 0 days	53.3 or more 34.8	42.2 drinks of 28.0	42.7 alcohol i 27.1	42.8 n a row, 25.6	32.2 that is, w	32.6	29.2 uple of	,		
QN44: hours, QN47:	Percenta on one or	ge of stuc	53.7 dents who he past 3 36.2 dents who 50.9	o had five 0 days o used ma	53.3 or more 34.8 crijuana o 53.7	42.2 drinks of 28.0 ne or moi 44.4	42.7 alcohol ii 27.1 re times of 43.4	42.8 n a row, 25.6 luring the 43.9	32.2 that is, w 18.9 eir life 42.9	32.6 ithin a co	29.2 uple of 15.1	Decreased, 1997-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavio	r and Per	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN49:	Percenta	ge of stud	lents who	used ma	rijuana o	ne or moi	re times o	luring the	past 30	days				
			31.3		36.4	28.6	26.4	26.8	29.6	30.0	25.1	Decreased, 1997-2013	No quadratic change	No change
QN50: nore tii	nes durin	ge of studig their lif	fe		,	,								
QN50: nore tii	nes durin	ge of studing their lif	fe 9.9		11.8	7.4	9.3	7.4	6.8	7.7	5.1	Decreased, 1997-2013	No quadratic change	Decreased
nore tii QN56:	Percentage	g their lit	fe 9.9 ———lents who	have tak	11.8	7.4	9.3	7.4	6.8 Contin, P	7.7	5.1 Vicodin,	Decreased, 1997-2013	No quadratic change	Decreased
QN56:	nes durin	g their lit	fe 9.9 ———lents who	have tak	11.8	7.4	9.3	7.4	6.8 Contin, P	7.7	5.1 Vicodin,	Decreased, 1997-2013 No linear change	No quadratic change Not available [§]	Decreased No change
QN56: codeine	nes durin	ge of stud	9.9 lents who , or Xana	have tak x) withou	11.8 cen a pres	7.4 cription or's prescri	9.3 drug (such	7.4 h as Oxyo	6.8 Contin, P	7.7 ercocet, varing thei	5.1 Vicodin, r life 13.9	,		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

/Iale Sexual B	ehaviors		Hea	alth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from
														2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stud	lents who	o ever had	l sexual i	ntercours	e							
			43.1		49.1	46.5	48.3	50.1	45.6	45.4	37.7	Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	No change
QN60:	Percentag	ge of stud	lents who	had sexu	ual interc	ourse for	the first	ime befo	re age 13	years				
			7.5		9.5	8.4	9.4	10.3	8.0	8.0	6.2	Decreased, 1997-2013	No change, 1997-2005 Decreased, 2005-2013	No change
QN61:	Percentag	ge of stud	lents who	had sexu	ual interc	ourse wit	h four or	more pe	ople durii	ng their li	ife			
			14.2		19.1	15.2	16.8	14.6	13.7	13.9	10.1	Decreased, 1997-2013	No change, 1997-2003 Decreased, 2003-2013	No change
QN62: months	Percentag	ge of stud	lents who	had sexu	ual interc	ourse wit	h one or	more peo	ple durin	g the pas	t three			
			27.9		37.5	30.7	36.6	34.8	32.0	31.2	24.6	Decreased, 1997-2013	Increased, 1997-2005 Decreased, 2005-2013	Decreased
				sexual intention		during the	e past thr	ee month	s, the per	centage	who			
			56.1		61.1	70.1	72.9	70.9	68.2	63.7	71.0	Increased, 1997-2013	Increased, 1997-2005 No change, 2005-2013	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Male Sexual B	ehaviors		Hea	llth Risk	Behavio	r and Pe	rcentage:	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN85:	Percentag	ge of stud	dents who	had eve	r been tau	ight in sc	hool abou	at AIDS	or HIV in	fection				
			93.9		89.7	90.4	84.6	88.0	85.5	83.4	81.4	Decreased, 1997-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Hea	ılth Risk	Behavior	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					overweig and sex)§		at or abov	e the 85t	h percent	tile but be	elow the			
					15.1	13.8	16.4	16.2	16.4	14.9	15.6	No linear change	No quadratic change	No change
	y age and	d sex)§						_		•		N. P I	X 1 2 1	N 1
index, b	y age and				14.7	14.1	17.0	13.7	12.3	13.2	13.3	No linear change	No quadratic change	No change
,	y age and		lents who	o describe		14.1	17.0	13.7	12.3	•		No linear change	Increased, 1997-2005	No change
QN66:	y age and	ge of stuc	22.1		14.7 ed themse 25.1	14.1 lves as sl 25.6	17.0 ightly or 28.9	13.7	12.3	13.2	13.3			
QN66:	y age and	ge of stuc	22.1		14.7	14.1 lves as sl 25.6	17.0 ightly or 28.9	13.7	12.3	23.1	13.3	No linear change	Increased, 1997-2005 Decreased, 2005-2013	No change
QN66:	y age and	ge of stuc	22.1		14.7 ed themse 25.1 ving to los	14.1 lves as sl 25.6 se weight	17.0 ightly or 28.9	13.7 very ove 23.7	12.3 rweight 21.8	13.2	23.0		Increased, 1997-2005	
QN66: QN67: QN68:	Percenta	ge of stuc	22.1 dents who 25.0 dents who	o were try	14.7 ed themse 25.1 ring to los 25.7 thout eati	lves as sl 25.6 se weight 28.2	17.0 ightly or 28.9	13.7 very ove 23.7 32.1	12.3 rweight 21.8	23.1	23.0	No linear change	Increased, 1997-2005 Decreased, 2005-2013	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on tens analysis, p < 0.05.

Soverweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

			Hea	lth Risk	Behavior	and Per	centage	8				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN69: ose we	Percenta ight or to	ge of stud	lents who	took any g weight o	diet pills during the	, powder past 30 c	s, or liqu days	ids with	out a doct	tor's advic	ce to			
										5.5	3.9	No linear change	Not available§	No change
			3.3		2.8	3.2	4.3	5.1	5.5	4.5	4.5	No linear change	No quadratic change	No change
QN71:	Percenta	ge of stud		drank 10	00% fruit	juices on	e or mor	e times d	uring the	past seve	en days			
			dents who		00% fruit 89.5	juices on 86.6	e or mor 84.4	e times d	uring the	past seve 84.9		No linear change Decreased, 2001-2013	No quadratic change No quadratic change	No change Decreased
			dents who		00% fruit 89.5	juices on 86.6	e or mor 84.4 during t	e times d 83.2 he past se	uring the 83.4	past seve 84.9	en days 80.2	Decreased, 2001-2013	No quadratic change	Decreased
			dents who		00% fruit 89.5	juices on 86.6	e or mor 84.4	e times d	uring the	past seve 84.9	en days			
QN72:	Percenta	ge of stud	dents who	ate fruit	00% fruit 89.5	juices on 86.6 ore times 83.7	e or more 84.4 during the 85.2	e times d 83.2 he past se 83.3	uring the 83.4 even days 85.5	past seve 84.9 8 85.6	en days 80.2	Decreased, 2001-2013	No quadratic change	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavior	and Per	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN74:	Percentag	ge of stud	lents who	ate pota	toes one o	or more ti	imes duri	ng the pa	st seven	days				
					78.9	75.7	77.9	75.6	72.3	73.5	72.4	Decreased, 2001-2013	No quadratic change	No change
QN75:	Percentag	ge of stud	lents who	ate carro	ots one or	more tin	nes durin	g the past	seven da	ays				
					56.9	54.0	53.8	52.8	52.6	51.5	55.4	No linear change	No quadratic change	No change
QN76:	Percentag	ge of stud	dents who	ate othe	r vegetabl	les one or	r more tir	nes durin	g the pas	t seven d	ays			
					81.3	81.5	79.9	80.0	79.2	81.4	80.0	No linear change	No quadratic change	No change
	VG: Perce ven days	entage of	students	who ate	fruits and	vegetable	es five or	more tin	nes per d	ay during	g the			
					31.9	30.6	27.0	20.1	24.0	23.5	20.5	Decreased, 2001-2013	No quadratic change	No change
	JIT: Perc			who ate	fruits or o	drank 100)% fruit j	uices two	or more	times pe	r day			
U	•	•			42.2	43.1	40.0	32.0	36.3	35.0	31.4	Decreased, 2001-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

	J	ioni unu		Behavior lth Risk		r and Pei	centage	S				Linear Change*	Quadratic Change [*]	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFR(seven d	: Percen	tage of st	ıdents wl	no ate fru	its or dra	nk 100%	fruit juic	es 0 time	s per day	during tl	he past			
					6.2	6.7	7.4	6.6	6.7	6.0	6.0	No linear change	No quadratic change	No change
	: Percenthe past se			no ate fru	its or dra	nk 100%	fruit juic	es one or	more tin	nes per da	ay			
					72.1	68.9	67.3	58.9	65.9	64.0	61.3	Decreased, 2001-2013	No quadratic change	No change
	: Percenthe past se			no ate fru	its or dra	nk 100%	fruit juic	es three o	or more ti	mes per	day			
					32.7	31.4	28.4	22.9	24.8	23.7	21.3	Decreased, 2001-2013	No quadratic change	No change
QNVE0	G: Percei	ntage of s	tudents w	ho ate ve	getables	three or 1	nore time	es per day	during t	he past se	even			
	G: Percer	ntage of s	tudents w	ho ate ve	egetables 19.4	three or r	nore time	es per day	during t	he past so	12.7	Decreased, 2001-2013	No quadratic change	No change
days	G: Percer				19.4	21.2	17.1	11.5	13.6	13.7		Decreased, 2001-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavio	r and Per	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
NVE ays	G1: Perce	entage of	students	who ate v	egetable:	s one or r	nore time	es per day	during t	he past se	even			
					70.8	67.0	66.7	63.4	61.2	63.3	62.4	Decreased, 2001-2013	No quadratic change	No change
QNVE days	G2: Perce	entage of	students	who ate v	egetable	s two or r	nore time	es per day	y during t	he past s	even			
					34.8	34.9	32.8	25.8	28.4	28.5	25.5	Decreased, 2001-2013	No quadratic change	No change
		centage of							o or more	e times pe	er day			
					14.8	17.6	11.5	9.0	10.4	10.3	8.3	Decreased, 2001-2013	No quadratic change	No change
		ge of stud		drank a	can, bottl	e, or glas	s of soda	or pop o	ne or mo	re times p	per day			
during								30.1	25.1	25.2	20.2	Decreased, 2007-2013	Not available§	Decreased
during														
QNSO		centage o		s who dra	ank a can	, bottle, o	r glass of	f soda or	pop 0 tim	nes per da	ıy			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	OA2: Perong the pa			s who dra	ank a can	, bottle, o	r glass of	f soda or	pop two o	or more ti	imes per			
	ng me pa	st seven	uays											

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Male Physical	Activity													
			Hea	alth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag of the pa			o were ph	ysically a	active for	a total of	f at least	60 minute	es per day	y on five			
							42.1	50.6	52.8	55.1	50.9	Increased, 2005-2013	Not available [§]	No change
	DAY: Po			ents who	were phy	sically ac	tive for a	total of	at least 60) minutes	per day			
	ine pust s	even day	5				17.6	9.2	10.8	10.5	10.1	Decreased, 2005-2013	Not available	No change
	DAY: Po			ents who	were phy	sically ac	tive for a	total of	at least 60) minutes	per day			
							24.9	34.2	31.3	35.4	30.8	Increased, 2005-2013	Not available	No change
QN81:	Percentag	ge of stud	dents who	o watched	d three or	more hou	urs per da	y of TV	on an ave	erage sch	ool day			
					37.5	36.3	38.3	28.1	30.9	27.7	28.1	Decreased, 2001-2013	No quadratic change	No change
					video or o				computer	for some	thing			
					1		2	28.5	31.3	30.6	39.6	Increased, 2007-2013	Not available	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991 1	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					d physical	l educatio	on (PE) cl	asses on	one or m	ore days	in an			
QN83: Pei average we					d physical	l educatio 89.4	on (PE) cl 85.7	asses on 78.6	one or me	ore days	in an 76.0	Decreased, 1997-2013	No quadratic change	No change
	E: Perc	en they v	89.6 of student	chool	87.9	89.4	85.7	78.6	82.5	77.1	76.0	Decreased, 1997-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Male Other			Hea	lth Risk	Behavio	r and Pei	rcentages	S				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN86:	Percentag	ge of stud	lents who	had eve	r been tol	ld by a do	ctor or n	urse that	they had	asthma				
							21.1	27.2	22.6	27.0	22.2	No linear change	Not available§	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Male Site-Add	ed		Hea	ılth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from
														2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: past 12		ge of stud	lents who	would d	lescribe tl	heir grade	es in scho	ol as mos	stly A's o	r B's duri	ing the			
								57.1	56.6	61.2	64.1	Increased, 2007-2013	Not available§	No change
QN88:	Percentag	ge of stud	lents who	have ph	ysical dis	sabilities o	or long-te	erm healtl	h problen	ns	-			
								10.4	8.9	12.1	7.5	No linear change	Not available	Decreased
QN89:	Percentag	ge of stud	lents who	have lo	ng-term e	motional	problem	s or learn	ing disab	ilities				
								12.2	12.0	14.2	10.0	No linear change	Not available	Decreased
	Percentage they smooth			were as	ked by a	doctor, de	entist, or	nurse dur	ring the p	ast 12 mo	onths			
								27.6	28.9	30.9	33.3	Increased, 2007-2013	Not available	No change
QN92:	Percentage the past	ge of stud	lents who	used ch	ewing tol	oacco, snu	ıff, or dip	on scho	ol proper	ty on one	e or			
111016 01	me past.	30 uays								5.6	7.6	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N103:	Percenta	age of stu	dents wh	o have h	ad sexual	l contact v	with male	s and fer	nales dur	ing their	life			
								3.0	2.1	2.5	2.4	No linear change	Not available§	No change
N104:	Percenta	age of stu	dents wh	o describ	e themse	elves as g	ay or lesb	ian or bi	sexual					
								5.6	4.5	4.7	4.4	No linear change	Not available	No change
N108:		age of stu	dents wh	o had be	en told by	y a doctoi	r or nurse	that they	had asth	ıma and v	vho still			
								12.6	10.4	13.6	10.4	No linear change	Not available	Decreased
)N109:	Percenta	age of stu	dents wh	o last sav	w a docto	or or nurse	e for a che	eck-up or	physical	exam du	ring the			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among stubicycle he		no rode a	bicycle d	luring the	past 12 i	months, t	he percer	ntage who	never o	r rarely			
			90.9		79.5	74.0	78.3	74.4	81.1	72.7	72.0	Decreased, 1997-2013	Decreased, 1997-2003 No change, 2003-2013	No change
QN9: I else	Percentage	e of stude	ents who	never or i	arely wo	re a seat	belt wher	riding ir	n a car dri	iven by s	omeone			
			28.7		12.7	10.3	8.8	10.7	9.9	7.5	3.8	Decreased, 1997-2013	Decreased, 1997-2003 Decreased, 2003-2013	Decreased
	Percentag driven by						ring the p	past 30 da	nys in a ca	ar or othe	er			
			34.0		29.5	30.0	26.2	26.4	24.2	21.5	20.6	Decreased, 1997-2013	No quadratic change	No change
	Percentage nore of the			carried a	a weapon	such as a	a gun, kni	ife, or clu	b on scho	ool prope	rty on			
			4.0		1.4	3.0	2.2	2.2	2.3	2.1	2.3	No linear change	No quadratic change	No change
QN16:	Percentag							of the pa	ast 30 day	ys becaus	se they			
felt they	/ wonia n													

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

jury a	nd Violer	nce	Hea	lth Risk	Behavio	r and Per	centage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18:	Percentag	ge of stud	lents who	were in	a physica	ıl fight on	e or mor	e times d	uring the	past 12 n	nonths			
			28.3		21.3	19.9	19.5	18.8	19.2	17.3	13.6	Decreased, 1997-2013	No quadratic change	Decreased
	Percentage 12 month		lents who	were in	a physica	l fight on	school p	oroperty o	one or mo	ore times	during			
			8.6		7.4	8.3	7.4	5.7	6.4	5.2	4.4	Decreased, 1997-2013	No quadratic change	No change
	Percentage want to	ge of stud	lents who	had eve	r been phy	ysically f	orced to	have sexu	ial interco	ourse wh	en they			
					8.2	6.9	6.8	12.2	8.9	8.3	9.7	No linear change	No quadratic change	No change
	Percentag	ge of stud	dents who	had eve	r been bul	llied on s	chool pro	perty du	ring the p	ast 12 m	onths			
QN24:									17.4	20.5	20.5	No linear change	Not available§	No change
QN24:														
	Percentag	ge of stud	lents who	had eve	r been ele	ctronical	ly bullied	l during t	he past 1	2 months				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

'emale njury a	nd Violen	nce	Hea	lth Risk	Behavio	r and Per	rcentage:	S				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag t they stop								two week	s or mor	e in a			
					30.9	29.4	34.1	29.4	29.5	31.5	35.0	No linear change	No quadratic change	No change
QN27:	Percentag	ge of stud	lents who	seriousl	y conside 19.5	red attem	pting sui 17.4	cide duri	ng the pa	st 12 mo 14.6	nths 18.3	Decreased, 1997-2013	Decreased, 1997-2007 No change, 2007-2013	No change
QN28: months	Percentag	ge of stud	lents who	made a	plan abou	it how the	ey would	attempt s	suicide du	iring the	past 12			
			21.2		15.6	13.2	13.3	13.4	12.7	12.7	12.5	Decreased, 1997-2013	Decreased, 1997-2003 No change, 2003-2013	No change
QN29: months	Percentag	ge of stud	lents who	actually	attempte	d suicide	one or m	ore times	during t	he past 1	2			
			12.9		10.3	9.5	10.9	10.2	8.3	8.1	14.2	No linear change	No change, 1997-2009 Increased, 2009-2013	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

emale obacco	Use													
			Hea	lth Risk	Behavior	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stud	lents who	ever trie	d cigarett	te smokin	ıg, even o	one or tw	o puffs					
			68.7		62.2	52.7	46.2	42.9	38.6	33.0	28.6	Decreased, 1997-2013	No quadratic change	No change
QN32:	Percentag	ge of stud	lents who	smoked	a whole o	cigarette	for the fir	rst time b	efore age	e 13 years	3			
			22.1		21.6	15.9	11.9	10.3	8.0	5.1	4.3	Decreased, 1997-2013	Decreased, 1997-2003 Decreased, 2003-2013	No change
QN33:	Percentag	ge of stud	lents who	smoked	cigarettes	s on one o	or more o	of the pas	t 30 days					
			35.4		25.6	21.8	17.2	13.8	13.2	9.6	7.9	Decreased, 1997-2013	No quadratic change	No change
QNFR	CIG: Perc	entage of	f students	s who sm	oked ciga	rettes on	20 or mo	ore of the	past 30 c	lays			-	
			18.7		13.1	9.8	9.2	4.6	5.2	3.2	2.4	Decreased, 1997-2013	No quadratic change	No change
	Percentag	ge of stud	lents who	smoked	cigarettes	s on scho	ol proper	rty on one	e or more	of the pa	ast 30			
QN36: days														

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

'obacco	Use		Heal	lth Risk	Behavio	r and Pei	centage:	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN37: for 30 d		ge of stud	lents who	ever sm	oked ciga	nrettes dai	ly, that is	s, at least	one ciga	rette ever	y day			
					19.0	15.1	14.7	11.0	9.7	6.9	4.8	Decreased, 2001-2013	No quadratic change	No change
	Percentag	ge of stud	lents who	used che	ewing tob	acco, snu	ıff, or dip	on one o	or more o	of the past	30			
	Percentag	ge of stud	lents who	used cho	ewing tob	pacco, snu	off, or dip	2.4	or more o	of the past	3.5	Increased, 1997-2013	No quadratic change	Increased
days					1.5	2.0	1.5	2.4	2.5	1.5	3.5	Increased, 1997-2013	No quadratic change	Increased
days QN40:			1.6		1.5	2.0	1.5	2.4	2.5	1.5	3.5	Increased, 1997-2013 No linear change	No quadratic change No quadratic change	Increased No change
QN40: days	Percentag	ge of stuc	1.6	smoked	1.5 cigars, ci	2.0 igarillos, 6.4	1.5 or little c 5.8	2.4 igars on 6	2.5 one or mo	1.5 ore of the 7.2	3.5 past 30 5.8	<u> </u>		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Female Alcohol	and Othe	er Drug V	Use											
			Hea	ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN42: years	Percentag	ge of stud	dents who	had thei	r first dri	nk of alco	ohol othe	r than a f	ew sips b	efore age	e 13			
			30.8		24.7	20.2	18.9	16.4	14.8	14.3	10.7	Decreased, 1997-2013	No quadratic change	No change
QN43:	Percentag	ge of stud	dents who	o had at le	east one d	rink of al	lcohol on	one or m	nore of th	e past 30	days			
			50.9		47.3	46.6	42.9	43.1	35.6	35.2	32.1	Decreased, 1997-2013	No quadratic change	No change
	Percentagon one or				or more	drinks of	alcohol	in a row,	that is, w	ithin a co	ouple of			
			28.2	•	26.4	25.2	21.9	21.2	18.4	17.2	15.0	Decreased, 1997-2013	No quadratic change	No change
QN47:	Percentag	ge of stud	dents who	o used ma	rijuana o	ne or mo	re times o	during the	eir life					
			43.1		42.7	43.8	41.6	37.0	36.6	36.2	38.0	Decreased, 1997-2013	No quadratic change	No change
QN48:	Percentag	ge of stud	dents who	tried ma	rijuana fo	or the firs	t time be	fore age	13 years					
			7.8		8.2	8.0	6.9	5.4	6.5	4.7	4.2	Decreased, 1997-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavio	r and Per	centages	3				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN49:	Percentag	ge of stud	dents who	used ma	rijuana o	ne or mor	e times c	luring the	e past 30	days				
			26.0		29.4	26.4	23.4	19.7	22.7	22.7	22.3	Decreased, 1997-2013	No quadratic change	No change
	Percentag nes durin	ge of stud ig their lit		used any	y form of	cocaine,	including	g powder,	, crack, o	r freebas	e one or			
				used any	y form of 7.8	5.0	including 5.8	g powder,	, crack, o 4.0	r freebase	a one or	Decreased, 1997-2013	No change, 1997-2005 Decreased, 2005-2013	No change
nore tir	nes durin		fe 4.3 lents who	have tak	7.8	5.0	5.8	4.1	4.0 Contin, P	3.9 Percocet,	3.2 Vicodin,	Decreased, 1997-2013		No change
more tir QN56:	nes durin	ge of stud	fe 4.3 lents who	have tak	7.8	5.0	5.8	4.1	4.0 Contin, P	3.9 Percocet,	3.2 Vicodin,	Decreased, 1997-2013 No linear change		No change
QN56: codeine	Percenta, Adderal	ge of stud	4.3 lents who , or Xana	have tak x) withou	7.8 xen a pres	5.0 cription d	5.8 drug (sucl	4.1 n as Oxyo	4.0 Contin, Petimes du	3.9 Percocet, Varing their	3.2 Vicodin, r life 12.4	,	Decreased, 2005-2013	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

exual B	ehaviors		Hea	ılth Risk	Behavioi	and Per	rcentages	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stud	ents who	ever had	l sexual in	ntercours	e							
			42.2		42.5	42.0	44.9	41.4	42.8	38.2	37.1	Decreased, 1997-2013	No quadratic change	No change
QN60:	Percentag	ge of stud	ents who	had sexu	ual interco	ourse for	the first t	ime befo	re age 13	years				
			3.8		3.3	2.4	2.3	2.0	2.4	1.7	2.2	Decreased, 1997-2013	No quadratic change	No change
QN61:	Percentag	ge of stud	ents who	had sexu	ıal interco	ourse wit	h four or	more peo	ple durii	ng their li	fe			
			9.8		9.3	6.5	9.3	7.4	8.6	7.2	5.7	Decreased, 1997-2013	No quadratic change	No change
QN62: months	Percentag	ge of stud	ents who	had sexu	al interco	ourse wit	h one or	more peo	ple durin	g the pas	t three			
			33.8		34.5	31.3	36.4	31.6	32.6	28.4	29.1	Decreased, 1997-2013	No quadratic change	No change
	Among s					luring the	e past thr	ee month	s, the per	centage v	who			
		J	49.8		50.8	56.5	59.0	61.0	54.5	54.5	64.8	Increased, 1997-2013	No quadratic change	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Female Sexual B	ehaviors		Hea	llth Risk	Behavio	r and Per	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN85:	Percentag	ge of stud	dents who	had eve	r been tau	ight in sc	hool abou	at AIDS	or HIV in	fection				
			96.3		91.2	92.8	90.6	90.8	88.0	83.3	83.9	Decreased, 1997-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavioı	and Per	centage	S				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNOW 95th pe	T: Perce	ntage of s or body n	students v	who were k, by age	overweig and sex)§	ght (i.e., a	ıt or abov	e the 85t	h percent	ile but be	elow the			
					12.9	14.9	13.7	16.0	16.5	14.9	17.0	No linear change	No quadratic change	No change
index, l	y age and				3.5	5.4	8.5	7.3	8.0	8.4	7.8	Increased, 2001-2013	Increased, 2001-2005 No change, 2005-2013	No change
	Percentag	ge of stud	lents who	describe	d themse	lves as sl	ightly or	very ove	rweight					
QN66:			36.4		36.5	34.6	37.4	34.5	34.1	33.7	36.3	No linear change	No quadratic change	No change
QN66:			30.4											
		ge of stud		were try	ing to los	e weight								
		ge of stud		were try	ing to los 58.5	e weight 60.7	59.4	63.3	61.0	59.3	60.2	No linear change	No quadratic change	No change
QN67:	Percenta;	ge of stuc	lents who	went wi	58.5	60.7	59.4					No linear change	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on tens analysis, p < 0.05.

Soverweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

			Hea	lth Risk	Behavior	and Per	centage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN69: ose we	Percenta eight or to	ge of stud keep fro	lents who	took any g weight o	diet pills during the	, powder past 30 c	s, or liqu lays	ids witho	out a doct	or's advi	ce to			
										5.5	6.4	No linear change	Not available§	No change
	during the			vomited	or took la	5.0	o lose w	eight or t	o keep fro	om gainii 6.3	ng 9.3	No linear change	Decreased, 1997-2007	Increased
												140 inicai change	Increased, 2007-2013	increased
QN71:	Percenta	ge of stud	lents who	drank 10	0.5 00% fruit		e or mor	e times d	uring the	-		Two finear change		nicreased
QN71:	Percenta	ge of stud	lents who	drank 10			e or mor 84.1	e times d 85.3	uring the 83.3	-		Decreased, 2001-2013		No change
					00% fruit	juices on 86.6	84.1	85.3	83.3	past seve	en days		Increased, 2007-2013	
					00% fruit 87.4	juices on 86.6	84.1	85.3	83.3	past seve	en days		Increased, 2007-2013	
QN72:	Percenta	ge of stuc	lents who	ate fruit	00% fruit 87.4	juices on 86.6 ore times 87.8	84.1 during the 87.1	85.3 he past se 88.2	83.3 even days 88.9	past seve 82.2 8 89.5	en days 77.8	Decreased, 2001-2013	Increased, 2007-2013 No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	and Per	centage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN74:	Percentag	ge of stud	lents who	ate pota	toes one o	or more ti	mes duri	ng the pa	st seven	days				
					74.0	74.2	70.9	72.6	70.9	70.3	70.8	No linear change	No quadratic change	No change
QN75:	Percentag	ge of stud	lents who	ate carro	ots one or	more tin	nes durin	g the past	seven da	ays	-			
					55.1	54.1	50.5	53.7	52.7	51.6	51.7	No linear change	No quadratic change	No change
QN76:	Percentag	ge of stud	lents who	ate othe	r vegetab	les one or	more tir	nes durin	g the pas	t seven d	ays			
					89.2	87.0	84.3	85.8	83.4	85.6	85.2	No linear change	Decreased, 2001-2005 No change, 2005-2013	No change
	/G: Perce	entage of	students	who ate	fruits and	vegetabl	es five or	more tin	nes per d	ay during	g the			
•	J				22.9	26.1	23.5	18.1	21.3	21.7	20.9	No linear change	No quadratic change	No change
	JIT: Perc			who ate	fruits or o	drank 100)% fruit j	uices two	or more	times pe	r day			
					37.5	36.0	34.9	29.9	33.5	33.1	33.7	No linear change	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavio	r and Per	centage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFR0 even d		tage of st	udents wl	ho ate fru	its or dra	nk 100%	fruit juic	es 0 time	es per day	during tl	ne past			
					4.4	4.3	4.9	3.9	4.2	4.0	4.0	No linear change	No quadratic change	No change
	: Percent he past se			ho ate fru	its or dra	nk 100%	fruit juic	ces one or	more tin	nes per da	ay			
					67.5	66.2	64.9	60.9	63.8	62.9	62.4	No linear change	No quadratic change	No change
	: Percent			ho ate fru	67.5 nits or dra							No linear change	No quadratic change	No change
				ho ate fru								No linear change Decreased, 2001-2013	No quadratic change No quadratic change	No change
during t	he past se	even days			its or dra	nk 100% 25.6	fruit juic	tes three of	or more to	imes per o	day 21.0			
during t	he past se	even days			nits or dra	nk 100% 25.6	fruit juic	tes three of	or more to	imes per o	day 21.0			
during t QNVEO days	he past se	even days	tudents w	ho ate ve	23.2	25.6 three or r	fruit juic 24.3 more time 16.4	19.1 es per day	21.5 y during t	19.9 he past so	day 21.0 even	Decreased, 2001-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavior	and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVE lays	G1: Perce	entage of	students	who ate v	vegetables	s one or r	nore time	es per day	during t	he past se	even			
					70.9	68.8	65.7	66.4	65.1	66.1	65.2	No linear change	No quadratic change	No change
QNVE days	G2: Perce	entage of	students	who ate v	vegetables	s two or 1	more time	es per day	during t	he past se	even			
					30.9	35.4	28.8	27.8	27.4	30.6	31.2	No linear change	No quadratic change	No change
QNFR'	/G2: Per vegetable	centage of	f student	s who ate	fruits or ay during	drank 10 the past	0% fruit seven da	juices tw	o or more	e times pe	er day			
					10.4	12.7	11.7	8.2	9.0	10.3	11.1	No linear change	No quadratic change	No change
		ge of stud even days		drank a	can, bottl	e, or glas	s of soda	or pop o	ne or mo	re times p	per day			
				drank a	can, bottl	e, or glas	ss of soda	or pop o 20.4	ne or mo	re times p	per day 14.4	Decreased, 2007-2013	Not available [§]	No change
during QNSO	The past so	even days	of student		can, bottl	-		20.4	16.9	15.3	14.4	Decreased, 2007-2013	Not available ^s	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	and Per	centages	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
				s who dra	ank a can	, bottle, o	r glass of	f soda or p	pop two o	or more ti	mes per			
iay dur	ing the pa	ist seven	days					14.1	11.3	10.2	9.2	Decreased, 2007-2013	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

emale hysical	Activity													
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage of the pa			were ph	ysically a	active for	a total of	at least	60 minute	es per day	on five			
							22.0	33.4	34.9	38.6	39.0	Increased, 2005-2013	Not available§	No change
	DAY: Po			nts who	were phy	sically ac	tive for a	total of a	at least 60	minutes	per day			
							34.7	17.3	16.0	13.8	15.4	Decreased, 2005-2013	Not available	No change
	7DAY: Po			nts who	were phy	sically ac	tive for a	total of a	at least 60	minutes	per day			
							11.4	14.3	16.0	18.2	15.9	Increased, 2005-2013	Not available	No change
QN81:	Percentag	ge of stud	lents who	watched	d three or	more hou	ırs per da	y of TV	on an ave	rage scho	ool day			
					30.2	27.3	33.3	26.7	27.1	28.2	26.3	Decreased, 2001-2013	No quadratic change	No change
		C .	1 4 1		* 1	computer	games or	used a c	omputer	for somet	thing			
	Percentag s not scho								F		0			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991 1	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					l physical	educatio	n (PE) cl	asses on	one or m	ore days	in an			
					l physical 88.3	educatio 89.8	n (PE) cl 87.7	asses on 78.6	one or me	ore days : 79.5	in an 77.7	Decreased, 1997-2013	No quadratic change	No change
QN83: Per average we QNDLYPE week when	eek who	en they v	92.0 f student	ehool	88.3	89.8	87.7	78.6	82.2	79.5	77.7	Decreased, 1997-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Female Other			Hea	lth Risk	Behavio	r and Pei	centages	S				Linear Change [*]	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN86:	Percentag	ge of stud	lents who	had ever	r been tol	ld by a do			they had					
							18.9	24.4	22.6	23.5	23.8	No linear change	Not available§	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

iic ridu	ed		Hea	ılth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: past 12		ge of stud	lents who	o would d	describe tl	heir grade	s in scho	ool as mo	stly A's o	r B's duri	ng the			
past 12	monuis							71.2	69.5	73.8	77.1	Increased, 2007-2013	Not available§	No change
QN88:	Percentag	ge of stud	lents who	have ph	nysical dis	sabilities o	or long-te	erm healt	h problen	ns				
								12.0	10.9	12.3	9.6	No linear change	Not available	No change
QN89:	Percentag	ge of stud	lents who	have lo	ng-term e	motional	problem	s or learn	ing disab	ilities				
QN89:	Percentag	ge of stud	lents who	o have lo	ng-term e	motional	problem	s or learn	ing disab	ilities 15.6	14.7	No linear change	Not available	No change
QN90:	Percentag	ge of stud	lents who		ng-term e			13.6	12.0	15.6		No linear change	Not available	No change
QN90:		ge of stud	lents who					13.6	12.0	15.6		No linear change Increased, 2007-2013	Not available Not available	No change
QN90: whether	Percentage they smo	ge of stud oke cigare	lents who) were as		doctor, de	entist, or	13.6 nurse dur 28.9	12.0 ring the pa	15.6 ast 12 mo	onths 36.4			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

emale ite-Adde	ed		Hea	lth Risk	Behavio	r and Pe	rcentages	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN103:	Percenta	age of stu	idents wh	o have h	ad sexual	l contact	with male	es and fer	nales dur	ing their	life			
								7.6	6.9	7.7	6.8	No linear change	Not available§	No change
N104:	Percenta	age of stu	idents wh	o describ	e themse	elves as g	ay or lesb	oian or bi	sexual					
								8.8	8.2	10.4	10.7	No linear change	Not available	No change
N108: ave astl		age of stu	idents wh	o had be	en told by	y a doctor	r or nurse	that they	had asth	nma and v	who still			
								14.5	13.1	14.2	13.5	No linear change	Not available	No change
			idents wh			or or nurse	e for a ch	eck-up oi	physical	l exam du	ring the			
ast 12 r	nonths w	nen they	were not	sick or i	njured				73.1	75.4	79.5	Increased, 2009-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

hite* ijury a	nd Violer	nce	Hea	ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from
														2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among stubicycle he		no rode a	bicycle d	luring the	past 12 i	months, t	he percer	ntage who	never o	r rarely			
			89.6		82.4	74.9	80.5	76.6	78.4	72.5	71.9	Decreased, 1997-2013	No quadratic change	No change
QN9: F	Percentage	e of stude	ents who	never or 1	rarely wo	re a seat	belt wher	n riding ii	n a car dri	iven by s	omeone			
			29.6		16.6	13.4	11.5	10.8	10.2	7.0	2.9	Decreased, 1997-2013	No quadratic change	Decreased
	Percentage driven by						ring the p	oast 30 da	ays in a ca	ar or othe	er			
			36.9		32.8	27.6	27.5	27.1	21.4	18.6	17.5	Decreased, 1997-2013	No quadratic change	No change
QN15: one or r	Percentage	ge of stud	lents who	carried a	a weapon	such as a	gun, kn	ife, or clu	b on scho	ool prope	rty on			
			6.6		3.4	5.4	4.4	3.5	2.7	2.7	3.0	Decreased, 1997-2013	No quadratic change	No change
	Percentag							e of the p	ast 30 day	ys becaus	se they			
-			4.3		9.4	3.8	4.0	2.9	5.3	4.0	5.0	No linear change	No quadratic change	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

hite* jury a	nd Violer	ace	Hea	lth Risk	Behavio	r and Per	centage	s				Linear Change†	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18:	Percentag	ge of stud	lents who	were in	a physica	l fight on	e or mor	e times d	uring the	past 12 r	nonths			
			34.7		28.8	25.8	26.3	23.6	22.7	21.1	14.5	Decreased, 1997-2013	No quadratic change	Decreased
	Percentage 12 month		lents who	were in	a physica	l fight on	school p	property (one or mo	ore times	during			
			12.9		10.8	10.0	9.5	8.1	7.9	6.5	4.7	Decreased, 1997-2013	No quadratic change	Decreased
	Percentage want to	ge of stud	lents who	had eve	r been phy	ysically f	orced to	have sexu	ial interc	ourse wh	en they			
					6.8	5.7	5.9	9.3	6.7	5.8	7.1	No linear change	No quadratic change	No change
			1	had eve	r been bu	llied on se	chool pro	perty du	ring the p	ast 12 m	onths			
QN24:	Percentag	ge of stud	ients who	, maa c v c						21.4	10.0	NT 1' 1	NT . 21.11 €	
QN24:	Percentag	ge of stud	ients who	nud eve					18.0	21.4	19.2	No linear change	Not available¶	No change
	Percenta;					ctronical	ly bullied	l during t				No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

njury ar	nd Violen	ıce	Heal	lth Risk	Behavioi	and Per	centage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					ad or hop vities dur				wo week	s or mor	e in a			
					24.7	22.8	25.5	22.1	23.2	22.6	24.6	No linear change	No quadratic change	No change
QN27:	Percentag	ge of stud	lents who	seriousl	y conside	red attem	pting sui	cide duri	ng the pa	st 12 mo	nths			
			22.4		17.3	14.9	15.1	11.6	11.0	11.7	12.4	Decreased, 1997-2013	Decreased, 1997-2009 No change, 2009-2013	No change
QN28: months	Percentag	ge of stud	lents who	made a j	plan abou	t how the	y would	attempt s	suicide du	uring the	past 12			
			16.7		12.0	12.0	11.7	10.1	10.4	9.2	9.2	Decreased, 1997-2013	No quadratic change	No change
QN29: months	Percentag	ge of stud	lents who	actually	attempte	d suicide	one or m	ore times	during t	he past 1	2			
			8.3		7.4	8.0	7.8	7.2	5.7	6.1	12.0	No linear change	No change, 1997-2009 Increased, 2009-2013	Increased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

White* Fobacco	Use													
			Hea	lth Risk	Behavior	r and Pei	rcentage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stud	lents who	ever trie	ed cigarett	te smokin	ng, even o	one or tw	o puffs					
			70.8		61.3	50.3	46.4	44.1	41.1	36.2	29.4	Decreased, 1997-2013	No quadratic change	No change
QN32:	Percentag	ge of stud	lents who	smoked	a whole o	cigarette	for the fir	rst time b	efore age	13 years	,			
			26.0		23.4	17.3	12.8	10.7	7.7	6.0	3.9	Decreased, 1997-2013	Decreased, 1997-2003 Decreased, 2003-2013	No change
QN33:	Percentag	ge of stud	lents who	smoked	cigarettes	s on one o	or more o	of the pas	t 30 days					
			40.1		27.4	21.5	18.8	17.4	15.8	13.0	9.4	Decreased, 1997-2013	No quadratic change	No change
QNFR	CIG: Perc	entage of	f students	s who sm	oked ciga	rettes on	20 or mo	ore of the	past 30 c	lays				
			21.8		15.4	10.4	10.1	6.9	6.4	5.1	3.8	Decreased, 1997-2013	No quadratic change	No change
QN34: cigarett	Among s	tudents w	who repor	ted curre	nt cigaret	te use, the	e percent days	age who	smoked	more thar	n 10			
-			19.7		16.9	15.9	14.2	10.2	6.5	8.7	9.4	Decreased, 1997-2013	No quadratic change	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Vhite* 'obacco	Use													
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN36: days	Percenta	ge of stud	lents who	smoked	cigarette	s on scho	ol propei	ty on one	e or more	of the pa	st 30			
			22.6		15.0	9.6	8.5	8.2	6.1	5.1	2.9	Decreased, 1997-2013	No quadratic change	Decreased
QN37: for 30 c	Percenta; lays	ge of stud	lents who	ever smo	oked ciga	arettes dai	ily, that is	s, at least	one ciga	rette ever	y day			
					19.7	16.4	14.7	12.6	10.5	9.3	7.1	Decreased, 2001-2013	No quadratic change	No change
QN39: days	Percenta	ge of stud	lents who	used che	ewing tob	oacco, snu	ıff, or dip	on one o	or more o	of the past	30			
			6.5		2.8	4.6	4.4	6.6	6.1	5.7	6.2	No linear change	No quadratic change	No change
QN40: days	Percenta	ge of stud	lents who	smoked	cigars, ci	igarillos,	or little c	igars on o	one or me	ore of the	past 30			
					14.4	10.5	13.7	13.1	11.5	14.4	9.4	No linear change	No quadratic change	Decreased
	YTOB: F	Percentage	e of stude	ents who	smoked c	eigarettes	or cigars	or used	chewing	tobacco, s	snuff, or			
	one or mo	re of the				_								

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

White* Alcohol	and Othe	er Drug l	Use											
			Hea	ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN42: years	Percenta	ge of stud	dents who	had thei	r first dri	nk of alco	ohol othe	r than a f	ew sips b	efore age	e 13			
			31.3		28.3	22.9	20.4	18.8	12.0	12.2	9.9	Decreased, 1997-2013	No quadratic change	No change
QN43:	Percenta	ge of stud	dents who	had at le	east one d	rink of a	lcohol on	one or n	nore of th	e past 30	days			
			54.6		53.0	46.4	45.4	45.7	35.6	33.7	31.4	Decreased, 1997-2013	Decreased, 1997-2007 Decreased, 2007-2013	No change
	Percentagon one or				or more	drinks of	alcohol	in a row,	that is, w	ithin a co	ouple of			
			34.1		32.8	28.7	26.8	26.4	20.3	18.5	16.3	Decreased, 1997-2013	No quadratic change	No change
QN47:	Percentag	ge of stud	dents who	o used ma	urijuana o	ne or mo	re times o	during the	eir life					
			50.7		49.5	44.9	45.2	42.0	42.1	41.1	39.0	Decreased, 1997-2013	No quadratic change	No change
QN48:	Percenta	ge of stud	dents who	o tried ma	rijuana fo	or the firs	t time be	fore age	13 years					
			11.2		12.4	10.0	9.7	8.4	7.0	5.8	4.7	Decreased, 1997-2013	No change, 1997-2005 Decreased, 2005-2013	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavio	r and Pei	centage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN49:	Percentag	ge of stud	lents who	used ma	rijuana o	ne or moi	re times o	luring the	e past 30	days				
			31.7		35.2	28.8	27.1	25.0	28.5	27.3	23.6	Decreased, 1997-2013	No quadratic change	No change
			i'a											
	nes durin	g their lil	7.8		10.4	6.8	8.0	5.3	5.7	5.2	3.4	Decreased, 1997-2013	No change, 1997-2005 Decreased, 2005-2013	No change
QN56:		ge of stud	7.8		ten a pres	cription o	lrug (suc	h as Oxy	Contin, P	ercocet,	Vicodin,	Decreased, 1997-2013		No change
more tin	nes durin	ge of stud	7.8		ten a pres	cription o	lrug (suc	h as Oxy	Contin, P	ercocet,	Vicodin,	Decreased, 1997-2013 No linear change		No change
QN56: codeine	nes durin	ge of studinge of studies	7.8 lents who, or Xana	x) withou	ten a pres ut a docto	cription c	lrug (suc iption on	h as Oxy0 e or more	Contin, Pe times du	Percocet, Percoc	Vicodin, r life 14.2	·	Decreased, 2005-2013	

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

exual F	Behaviors		Hea	alth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stud	lents who	ever hac	d sexual in	ntercours	e							
			40.9		42.5	39.9	44.1	43.4	41.2	38.2	35.7	Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	No change
QN60:	Percentag	ge of stud	lents who	had sexu	ual interc	ourse for	the first	time befo	re age 13	years				
			4.2		4.2	3.9	3.8	4.3	2.4	2.1	2.0	Decreased, 1997-2013	No quadratic change	No change
QN61:	Percentag	ge of stud	lents who	had sexu	ual interc	ourse wit	h four or	more peo	ple durii	ng their li	fe			
			10.7		11.5	9.0	10.8	8.7	8.1	7.7	6.5	Decreased, 1997-2013	No quadratic change	No change
QN62: months	Percentag	ge of stud	lents who	had sexu	ual interco	ourse wit	h one or	more peo	ple durin	g the pas	t three			
			30.0		33.9	28.7	34.3	32.7	30.2	28.0	26.8	Decreased, 1997-2013	No change, 1997-2005 Decreased, 2005-2013	No change
	Among s					during the	e past thr	ee month	s, the per	centage v	who			
uscu a i		0												

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

White* Sexual B	ehaviors		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change†	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN85:	Percentag	ge of stud	dents who	had eve	r been tau	ight in sc	hool abo	ut AIDS	or HIV in	fection				
			96.7		92.3	93.4	89.5	91.3	89.8	86.7	88.4	Decreased, 1997-2013	Decreased, 1997-2005 No change, 2005-2013	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

			Hea	alth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					overweig and sex)		at or abov	ve the 85t	h percent	tile but be	elow the			
					13.6	13.8	14.0	15.8	14.6	13.8	14.9	No linear change	No quadratic change	No change
index, b	y age and	1 SCX)-												
		,	dents who	o describe	8.5	8.6 elves as sl	11.6	9.6 very ove	8.4 rweight	9.5	8.4	No linear change	No quadratic change	No change
		,	dents who	o describe						9.5	29.7	No linear change No linear change	No quadratic change No quadratic change	No change No change
QN66:	Percenta	ge of stud	30.2		ed themse	elves as sl 29.9	ightly or 33.0	very ove	rweight					
	Percenta	ge of stud	30.2		ed themse	elves as sl 29.9	ightly or 33.0	very ove	rweight					
QN66: QN67: QN68:	Percenta Percenta Percenta	ge of stud	30.2 dents who 45.7	o were try	and themse 30.6 wing to los 43.0 without eati	elves as sl 29.9 se weight 45.4	ightly or 33.0 45.9	very ove 29.1 48.7	rweight 27.2 45.3	28.6	29.7	No linear change	No quadratic change	No change

^{*}Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

			Hea	lth Risk	Behavio	and Per	centage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN69:	Percentage ight or to	ge of stud keep fro	lents who	took any	y diet pills during the	s, powder	rs, or liqu days	ids with	out a doct	tor's advi	ce to			
	C	1	0 0		C	•	Ž			4.6	3.9	No linear change	Not available¶	No change
weight	during the	e past 30	days 6.5		4.4	3.6	5.0	4.3	5.2	4.5	6.0	No linear change	Decreased, 1997-2003 Increased, 2003-2013	Increased
QN71:	Percentag	ge of stud	lents who	drank 10	00% fruit	juices on	e or mor	e times d	uring the	past seve	en days			
					88.7	87.4	84.4	84.9	83.5	83.1	78.0	Decreased, 2001-2013	No quadratic change	Decreased
QN72:	Percentag	ge of stud	lents who	ate fruit	one or m	ore times	during t	he past se	even days	S				
					87.2	87.3	87.3	86.6	88.9	89.1	89.7	No linear change	No quadratic change	No change
QN73:	Percentag	ge of stud	lents who	ate gree	n salad or	ne or mor	e times d	luring the	past sev	en days				

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

			Hea	lth Risk	Behavior	and Per	centage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN74:	Percentag	ge of stud	lents who	ate pota	toes one o	or more ti	mes duri	ng the pa	st seven	days				
					79.8	79.2	77.8	76.7	76.1	74.9	75.6	Decreased, 2001-2013	No quadratic change	No change
QN75:	Percentag	ge of stud	lents who	ate carro	ots one or	more tim	nes durin	g the past	seven da	ays				
					59.4	58.7	55.9	57.8	57.6	56.4	58.1	No linear change	No quadratic change	No change
QN76:	Percentag	ge of stud	lents who	ate othe	r vegetabl	les one or	more tir	nes durin	g the pas	t seven d	ays			
					87.4	87.2	85.9	86.3	86.0	87.4	87.5	No linear change	No quadratic change	No change
	VG: Perce ven days	entage of	students	who ate	fruits and	vegetable	es five or	more tin	nes per d	ay during	g the			
					26.6	28.2	24.2	18.8	22.2	22.7	20.0	Decreased, 2001-2013	No quadratic change	No change
	JIT: Perc			who ate	fruits or o	drank 100)% fruit j	uices two	or more	times pe	r day			
C		,			38.2	39.5	35.7	30.0	35.7	34.0	32.4	Decreased, 2001-2013	No quadratic change	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavio	and Pe	rcentage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFR0 seven d		tage of st	udents w	ho ate fru	its or dra	nk 100%	fruit juic	es 0 time	s per day	during th	ne past			
					4.9	5.1	5.6	4.7	4.6	4.7	4.6	No linear change	No quadratic change	No change
		tage of st even days		ho ate fru	its or dra	nk 100%	fruit juic	es one or	more tin	nes per da	ay			
					69.2	68.7	65.7	61.0	67.3	64.7	62.6	No linear change	No quadratic change	No change
		tage of st		ho ate fru								No linear change	No quadratic change	No change
				ho ate fru								No linear change Decreased, 2001-2013	No quadratic change	No change
during t	he past se	even days	3	ho ate fru vho ate ve	its or dra 26.3	nk 100% 28.1	fruit juic	tes three of	or more ti	imes per o	day 19.5			
during t	he past se	even days	3		its or dra 26.3	nk 100% 28.1	fruit juic	tes three of	or more ti	imes per o	day 19.5			
QNVEO	he past so	ntage of s	tudents w		its or dra 26.3 egetables 17.1	28.1 three or 1	fruit juic 24.3 more time 16.6	18.7 es per day	21.9 / during t	20.9 The past set	day 19.5	Decreased, 2001-2013	No quadratic change	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

White* Weight M	Ianagen	nent and	•		rs Behavioi	and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVEG days	1: Perce	entage of	students	who ate v	vegetables	s one or r	nore time	es per day	y during t	he past so	even			
					73.2	72.1	69.2	68.7	68.1	68.9	68.5	No linear change	No quadratic change	No change
QNVEG days	2: Perce	entage of	students	who ate v	vegetables	s two or 1	more time	es per day	y during	the past s	even			
aays					32.9	37.3	31.5	28.0	29.5	32.1	29.3	No linear change	No quadratic change	No change
					fruits or ay during				o or mor	e times p	er day			
	-8			F	12.3	15.0	11.2	8.2	9.6	10.5	9.3	Decreased, 2001-2013	No quadratic change	No change
		ge of stud		drank a	can, bottl	e, or glas	s of soda	or pop o	one or mo	re times j	per day			
								23.4	19.2	19.6	15.7	Decreased, 2007-2013	Not available¶	No change
		centage o		s who dra	ank a can	, bottle, o	or glass o	f soda or	pop 0 tin	nes per da	ay			
u	Past se	211 uu j						24.6	26.4	25.5	32.8	Increased, 2007-2013	Not available	Increased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
NSOD	A2: Perong the pa			s who dra	ank a can	, bottle, o	or glass of	f soda or	pop two o	or more ti	imes per			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

'hite* 1ysical	Activity													
			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage of the pa			were ph	ysically a	ctive for	a total of	f at least (50 minute	es per day	on five			
	·		·				34.9	44.9	48.1	51.5	49.7	Increased, 2005-2013	Not available [¶]	No change
	DAY: Po			nts who v	were phys	sically ac	tive for a	total of a	it least 60	minutes	per day			
JII () ()I	me past s	even day	S				23.7	11.1	11.5	9.0	9.1	Decreased, 2005-2013	Not available	No change
	DAY: Po			nts who v	were phys	sically ac	tive for a	total of a	it least 60	minutes	per day			
							19.8	25.6	25.1	29.7	25.5	Increased, 2005-2013	Not available	No change
		as of stud	lents who	watched	three or	more hou	ırs per da	y of TV	on an ave	rage scho	ool day	-		
QN81:	Percentag	ge of stuc												
QN81:	Percentag	ge of stuc			28.2	27.6	31.5	22.5	21.9	23.4	22.8	Decreased, 2001-2013	No quadratic change	No change
QN82:	Percentage Percentage not scho	ge of stud	lents who	played v	video or c	omputer	games or	used a c		-	-	Decreased, 2001-2013	No quadratic change	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991 1	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
1//1 1											2013			
QN83: Per														
QN83: Per												Decreased, 1997-2013	No quadratic change	No change
QN83: Per average we QNDLYPE week when	eek who	en they v	91.8 f student	hool	l physical 91.5	educatio 89.7	on (PE) cl 87.3	asses on 81.8	one or m	ore days i	in an 81.0	Decreased, 1997-2013	No quadratic change	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Other			Hea	lth Risk	Behavio	r and Pei	centage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN86:	Percentaş	ge of stud	lents who	had eve	r been tol	d by a do	ctor or no	arse that	they had	asthma 25.2	22.2	No linear change	Not available¶	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

/hite* ite-Add	led		Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change†	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage months	ge of stud	lents who	would d	escribe th	neir grade	s in scho	ol as mos	stly A's o	r B's duri	ng the			
past 12	monuis							68.0	69.9	73.5	75.4	Increased, 2007-2013	Not available [¶]	No change
QN88:	Percentag	ge of stud	lents who	have ph	ysical dis	abilities	or long-te	rm healtl	h problen	ns				
								11.5	10.0	11.8	9.3	No linear change	Not available	Decreased
QN89:	Percentag	ge of stud	lents who	have lo	ng-term e	motional	problems	or learn	ing disab	ilities				
								13.6	12.9	15.7	13.2	No linear change	Not available	No change
	Percentag	ge of stud	lents who	were as	ked by a	doctor, de	entist, or	nurse dur	ring the pa	ast 12 mo	onths			
QN90: whether	they sind							30.3	31.9	34.1	38.4	Increased, 2007-2013	Not available	No change
QN90: whethe	they sind							30.3	31.7	34.1	30.4	mercusea, 2007 2013	1100 41 4114010	110 change
Whether	Percentage the past	ge of stud	lents who	used ch	ewing tob	oacco, snu	ıff, or dip					Mercuscu, 2007 2013	1,004,414	Tto change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Vhite* ite-Add	ed		Heal	lth Risk	Behavio	r and Pe	rcentage:	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N103:	Percenta	age of stu	idents wh	o have h	ad sexual	contact v	with male	es and fer	nales dur	ing their	life			
								5.4	4.4	4.6	4.6	No linear change	Not available¶	No change
N104:	Percenta	age of stu	idents wh	o describ	e themse	elves as ga	ay or lest	oian or bi	sexual					
								6.4	5.9	6.6	5.8	No linear change	Not available	No change
N108: ave ast		age of stu	idents wh	o had be	en told by	y a doctor	r or nurse	that they	had asth	ıma and v	who still			
								14.1	11.7	13.5	11.9	No linear change	Not available	No change
			idents wh			r or nurse	e for a ch	eck-up oi	physical	l exam du	iring the			
					3				76.3	78.1	84.0	Increased, 2009-2013	Not available	Increased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

lack* ijury a	nd Violei	nce	Hea	alth Risk	Behavio	r and Pe	rcentage	s				Linear Change†	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among sto		no rode a	bicycle d	luring the	e past 12 i	months, t	he percer	ntage who	never o	rarely			
									92.2	92.7	94.8	No linear change	Not available¶	No change
QN9: I	Percentage	e of stude	nts who	never or 1	rarely wo	ore a seat	belt wher	n riding ii	n a car dr	iven by s	omeone			
							13.1	19.3	19.0	17.5	13.5	No linear change	Not available	No change
	Percentage driven by						ring the p	past 30 da	ays in a c	ar or othe	er			
							32.5	25.9	21.0	27.7	28.2	No linear change	Not available	No change
QN15: one or i	Percentage more of the	ge of stud	lents who	carried a	a weapon	such as a	a gun, kni	ife, or clu	ıb on scho	ool prope	rty on			
							6.1	9.7	4.2	4.9	10.4	No linear change	Not available	No change
QN16: felt they	Percentagy would b	ge of stud	lents who	of did not a	go to scheir way to	ool on on	e or more	e of the p	ast 30 day	ys becaus	e they			
	,													

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

dack* njury a	nd Violer	nce	Hea	alth Risk	Behavio	or and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18:	Percentag	ge of stud	lents who	were in	a physica	al fight on	ne or mor	e times d	uring the	past 12 r	nonths			
							36.7	35.5	27.1	29.6	30.3	Decreased, 2005-2013	Not available¶	No change
	Percentage 12 month		lents who	were in	a physica	al fight on	school p	property o	one or mo	ore times	during			
							19.3	15.2	9.7	10.3	12.2	Decreased, 2005-2013	Not available	No change
	Percentage want to	ge of stud	lents who	had eve	r been ph	nysically f	orced to	have sexu	ual interc	ourse wh	en they			
							10.0	10.3	5.6	6.7	11.5	No linear change	Not available	No change
QN24:	Percentag	ge of stud	lents who	had eve	r been bu	ıllied on s	chool pro	perty du	ring the p	ast 12 m	onths			
									9.2	13.1	20.8	Increased, 2009-2013	Not available	Increased
QN25:	Percentag	ge of stud	lents who	had eve	r been ele	ectronical	ly bullied	l during t	he past 1	2 months				
										8.4	17.7	Increased, 2011-2013	Not available	Increased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

		ice	Heal	lth Risk	Behavior	and Per	centages	5				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					ad or hope vities duri				wo week	s or more	e in a			
	,	•					28.1	23.3	22.5	21.9	27.4	No linear change	Not available¶	No change
QN27:	Percentag	ge of stud	lents who	seriousl	y consider	red attem	pting sui	cide duri	ng the pa	st 12 mo	nths			
							9.7	9.6	8.9	8.2	22.3	Increased, 2005-2013	Not available	Increased
		C	lents who	made a	nlan abou	t how the	y would	attempt s	uicide du	aring the	past 12			
QN28: months	Percentag	ge of stud		1	r		-							
	Percentag	ge of stud		,	r		9.6	13.6	9.1	11.4	12.7	No linear change	Not available	No change
months					attempted	d suicide	9.6					No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

slack* 'obacco	Use		Hea	lth Risk	Behavior	and Per	centage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stud	ents who	ever trie	d cigarett	e smokin	ıg, even o	one or tw	o puffs					
							39.5	35.8	34.0	33.3	24.9	Decreased, 2005-2013	Not available¶	No change
	Percentag Percentag						10.2	6.5	8.6	6.6	7.7	No linear change	Not available	No change
							6.8	5.5	6.5	7.0	5.3	No linear change	Not available	No change
QNFRO	CIG: Perc	entage of	students	who smo	oked ciga	rettes on	20 or mo	ore of the	past 30 d	lays 2.9	2.7	No linear change	Not available	No change
	CIG: Perc				_		2.4	0.9	3.3	2.9		No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

lack* obacco	Use		Heal	lth Risk	Behavior	and Per	rcentage:	S				Linear Change†	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN37: For 30 d		ge of stud	lents who	ever smo	oked ciga	rettes dai	ily, that is	s, at least	one ciga	rette evei	y day			
							4.5	4.7	6.6	5.7	4.7	No linear change	Not available¶	No change
QN39: lays	Percentag	ge of stud	lents who	used che	ewing tob	acco, snu	ıff, or dip	on one o	or more o	of the past	: 30			
							2.5	2.4	2.8	2.6	11.4	Increased, 2005-2013	Not available	Increased
QN40: lays	Percentag	ge of stud	lents who	smoked	cigars, ci	garillos,	or little c	igars on o	one or mo	ore of the	past 30			
							8.0	11.1	6.0	12.4	10.6	No linear change	Not available	No change
			e of stude past 30 da		smoked c	igarettes	or cigars	or used o	chewing	tobacco, s	snuff, or			
dip on c	01 1110													

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

lack* lcohol	and Othe	er Drug I		ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN42: years	Percentag	ge of stud	lents who	had thei	r first dri	nk of alco	ohol othe	r than a f	ew sips b	efore age	13			
curs							21.6	18.5	20.9	17.2	24.0	No linear change	Not available¶	No change
QN43:	Percentag	ge of stud	lents who	had at le	east one c	drink of a	lcohol on	one or n	nore of th	e past 30	days			
							33.6	28.9	22.5	30.6	33.7	No linear change	Not available	No change
	Percentag				or more	drinks of	alcohol i	in a row,	that is, w	ithin a co	ouple of			
10 415,	on one or .		no puse s	o umjo			16.0	9.1	10.3	15.1	13.2	No linear change	Not available	No change
QN47:	Percentag	ge of stud	dents who	used ma	arijuana c	one or mo	re times o	during the	eir life	-				
							43.0	40.2	37.0	40.6	38.5	No linear change	Not available	No change
	Percentag	ge of stud	dents who	tried ma	arijuana f	or the firs	st time be	fore age	13 years		-			
QN48:	1 Crecinus	5			3									

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
 QN49:	Percenta	ge of stud	lents who	used ma	rijuana o	ne or mo	re times o	during the	e past 30	days				
							26.6	21.4	23.4	27.8	25.8	No linear change	Not available¶	No change
QN50:	Percenta	ge of stud	ients wno	used any	y torm of	cocame,	ıncıudinş	g powder.	, crack, o	r freebas	e one or			
QN50: nore ti	Percentagnes durin	ge of stud	ients who	used any	y iorm oi	. cocame,	5.6	g powder,	2.7	5.7	7.4	No linear change	Not available	No change
QN56:	nes durin	g their lif	fe lents who	have tak	en a pres	scription o	5.6 drug (suc	6.1 h as Oxy	2.7 Contin, P	5.7 Percocet,	7.4 Vicodin,	No linear change	Not available	No change
nore tir	nes durin	g their lif	fe lents who	have tak	en a pres	scription o	5.6 drug (suc	6.1 h as Oxy	2.7 Contin, P	5.7 Percocet,	7.4 Vicodin,	No linear change	Not available Not available	No change No change
QN56: codeine	Percenta, Adderal	g their lif	lents who	have tak x) withou	en a pres it a docto	scription o	5.6 drug (suc	6.1 h as Oxyo e or more	2.7 Contin, Petimes du	5.7 Percocet, Varing their	7.4 Vicodin, r life 14.4			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

Black* Sexual E	Sehaviors		Hea	alth Risk	Behavio	r and Pe	rcentage	s				Linear Change†	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	•		
QN59:	Percentag	ge of stud	lents who	o ever had	d sexual i	ntercours	ie							
							58.3	56.3	53.2	53.1	41.7	Decreased, 2005-2013	Not available¶	No change
QN60:	Percentag	ge of stud	dents who	had sex	ual interc	ourse for	the first	time befo	ore age 13	3 years				
							13.5	10.7	12.8	14.7	12.0	No linear change	Not available	No change
QN61:	Percentag	ge of stud	lents who	had sex	ual interc	ourse wit	h four or	more pe	ople duri	ng their li	ife			
							22.2	22.8	24.0	22.2	16.2	No linear change	Not available	No change
QN62: months	Percentag	ge of stud	lents who	had sex	ual interc	ourse wit	th one or	more peo	ple durin	ng the pas	st three			
							48.5	34.9	37.3	32.4	26.6	Decreased, 2005-2013	Not available	No change
QN85:	Percentag	ge of stud	dents who	had eve	r been tau	ight in sc	hool abo	ut AIDS	or HIV in	nfection				
							85.8	86.5	80.5	77.5	67.0	Decreased, 2005-2013	Not available	Decreased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
			students v			ght (i.e., a	at or abov	e the 85t	h percent	tile but be	elow the			
							16.8	19.1	20.3	11.7	18.4	No linear change	Not available**	No change
	y age and	- 50)												
,	Percenta	ge of stud	lents who	describe	ed themse	elves as sl	15.6 ightly or	12.0	11.0	10.6	15.8	No linear change	Not available	No change
,	Percenta	ge of stud	lents who	describe	ed themse	elves as sl				10.6	21.6	No linear change Decreased, 2005-2013	Not available Not available	No change
QN66:						elves as sl	ightly or 31.4	very ove	rweight					
QN66:							ightly or 31.4	very ove	rweight					
QN66: QN67: QN68:	Percenta Percenta	ge of stuc	lents who	were try went wi	ring to los		ightly or 31.4 39.7	very ove 21.4 37.1	rweight 21.3 37.2	18.3	21.6	Decreased, 2005-2013	Not available	No change

^{*}Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

**Not enough years of data to calculate.

			Hea	lth Risk	Behavior	and Per	centage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					diet pills,			ids with	out a doct	tor's advid	ce to			
ose we	ight of to	кеер по	ar gamme	5 Worgin	auring the	pust 50 C	au y s			4.0	9.5	Increased, 2011-2013	Not available¶	Increased
weight	during the	e past 30	days		or took la		5.9	5.8	5.9	4.7	7.6	No linear change	Not available	No change
QN71:	Percentag	ge of stud	lents who	drank 10	00% fruit j	uices on	e or mor 82.6	e times d 83.1	uring the 80.2	past seve 83.2	en days 81.5	No linear change	Not available	No change
QN72:	Percentag	ge of stud	lents who	ate fruit	one or mo	ore times	during t	he past s	even days	<u> </u>				
							78.6	78.7	81.0	84.3	81.8	No linear change	Not available	No change
QN73:	Percentag	ge of stud	lents who	ate gree	n salad one	e or more		_	-	-				
							50.7	60.1	50.2	52.9	51.1	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

eight l	Managem	ent and	=			r and Pe	rcentage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN74:	Percentag	ge of stud	lents who	ate pota	toes one	or more ti	imes duri	ng the pa	st seven	days				
							62.7	64.9	58.7	65.8	67.4	No linear change	Not available [¶]	No change
QN75:	Percentag	ge of stud	lents who	ate carr	ots one or	r more tin	nes durin	g the pas	t seven da	ays				
							38.6	38.7	37.1	37.6	48.1	No linear change	Not available	Increased
QN76:	Percentag	ge of stud	lents who	ate othe	r vegetab	oles one or	r more tir	nes durin	g the pas	st seven d	ays			
							72.1	78.2	68.8	71.2	74.4	No linear change	Not available	No change
	/G: Perce	entage of	students	who ate	fruits and	l vegetabl	es five or	more tir	nes per d	ay during	g the			
oust sev	cii days						28.5	20.1	19.3	24.0	24.6	No linear change	Not available	No change
	JIT: Perc			who ate	fruits or	drank 100	0% fruit j	uices two	or more	times pe	r day			
Ü	•	•					43.0	38.2	28.0	33.4	37.9	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

		iene unu	Dietary I Hea			r and Pe	rcentage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
NFR(even d	: Percent ays	age of st	udents wl	no ate fru	its or dra	nk 100%	fruit juic	es 0 time	s per day	during tl	he past			
							9.2	6.7	8.8	6.0	5.6	No linear change	Not available [¶]	No change
ONFR3	: Percent he past se : Percent	even days	udents wl				67.7	61.1	52.4	55.9	65.7	No linear change	Not available	Increased
luring 1	he past se	even days					32.7	34.0	22.7	24.5	27.1	No linear change	Not available	No change
	G: Percen	itage of s	tudents w	ho ate ve	egetables	three or	more time	es per day	during t	he past so	even			
	G: Percen	atage of s	tudents w	ho ate ve	egetables	three or	more time	es per day 9.1	during t	he past so	20.3	No linear change	Not available	Increased
days	G: Percen						16.6	9.1	9.6	10.7		No linear change	Not available	Increased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

lack* /eight Management and Dietary Behaviors Health Risk Behavior and Percentag	es				Linear Change [†]	Quadratic Change†	Change from 2011-2013 §
1991 1993 1995 1997 1999 2001 2003 2005	2007	2009	2011	2013			
QNVEG1: Percentage of students who ate vegetables one or more tirdays	nes per da	y during t	he past so	even			
57.4	55.2	46.5	51.1	55.5	No linear change	Not available¶	No change
QNVEG2: Percentage of students who ate vegetables two or more tirdlays	nes per da	y during t	the past s	even			
26.2	22.1	21.0	18.7	27.4	No linear change	Not available	Increased
QNFRVG2: Percentage of students who ate fruits or drank 100% fruits and ate vegetables three or more times per day during the past seven of		o or more	e times p	er day			
14.2	6.2	5.1	7.4	14.3	No linear change	Not available	Increased
QN77: Percentage of students who drank a can, bottle, or glass of soduring the past seven days	la or pop o	one or mo	re times ₁	per day			
	27.1	22.7	21.2	19.3	No linear change	Not available	No change
QNSODA0: Percentage of students who drank a can, bottle, or glass during the past seven days	of soda or	pop 0 tin	nes per da	ay			
	19.4	24.7	20.7	25.2	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	es				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		centage o		s who dra	ank a can	, bottle, o	or glass o	f soda or	pop two	or more t	imes per			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

lack* hysical	Activity													
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage of the pa			were ph	ysically	active for	a total of	at least	60 minute	es per day	on five			
	or une pu		 , 5				26.1	42.6	39.7	39.8	39.8	Increased, 2005-2013	Not available [¶]	No change
NPAC	DAY: Po	ercentage	of stude	nts who v	were phy	sically ac	tive for a	total of a	nt least 60	minutes	per day			
)II () ()I	the past s	even day	5				32.8	13.8	15.2	20.2	18.4	No linear change	Not available	No change
	DAY: Pe			nts who v	were phy	sically ac	tive for a	total of a	nt least 60	minutes	per day			
11 7 01	the past s	even day	3				14.1	22.1	23.6	24.1	23.6	Increased, 2005-2013	Not available	No change
QN81:	Percentag	ge of stud	lents who	watched	l three or	more hou	ırs per da	y of TV	on an ave	rage scho	ool day			
							56.4	41.9	48.7	42.7	36.8	Decreased, 2005-2013	Not available	No change
	Percentag s not scho								omputer	for somet	thing			
					1		Ü	32.7	35.0	32.7	45.0	Increased, 2007-2013	Not available	Increased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Heal	lth Risk	Behavio	r and Pei	centages	•				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN83: Percenta				physical	educatio	n (PE) cl	asses on	one or m	ore days	in an			
verage week wl	nen they v	vere in sc	hool			89.6	77.1	84.9	71.9	69.3	Decreased, 2005-2013	Not available¶	No change
						69.0	//.1	04.9	/1.9	09.3	Decreased, 2003-2013	Not available	No change
NDLYPE: Perveek when they			s who att	ended ph	ysical edi	ucation (I	PE) classe	es daily i	n an aver	age			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

Black* Other			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN86:	Percentag	ge of stud	dents who	had eve	r been tol	d by a do	ctor or m	urse that	they had 23.8	asthma 20.5	20.0	No linear change	Not available¶	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

lack* ite-Add	led		Hea	ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag	ge of stud	lents who	o would d	lescribe tl	neir grade	es in scho	ool as mos	stly A's o	r B's duri	ing the			
past 12	monuis							56.4	50.9	56.0	68.4	Increased, 2007-2013	Not available¶	Increased
QN88:	Percentag	ge of stud	lents who	have ph	ysical dis	abilities o	or long-te	erm healtl	h problen	ns				
								9.1	5.5	9.9	5.4	No linear change	Not available	No change
QN89:	Percentag	ge of stud	lents who	have lo	ng-term e	motional	problem	s or learn	ing disab	ilities				
								4.3	9.0	10.6	8.2	No linear change	Not available	No change
QN90: whether	Percentage they smo	ge of stud	lents who	were as	ked by a	doctor, de	entist, or	nurse dur	ring the p	ast 12 mo	onths			
								25.4	26.2	22.7	28.4	No linear change	Not available	No change
QN92: more of	Percentage the past	ge of stud 30 days	lents who	used ch	ewing tob	pacco, snu	ıff, or dip	on scho	ol proper	ty on one	or			
		•								1.3	8.9	Increased, 2011-2013	Not available	Increased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

ack* te-Added			Hea	ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change†	Change from 2011-2013 §
1991 199	93	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN103: Pero	centa	ge of stu	idents wh	no have h	ad sexual	contact v	with male	es and fer	nales dur	ing their	life			
								5.2	3.6	5.5	3.1	No linear change	Not available¶	No change
N104: Perc	centa	ge of stu	idents wh	no describ	be themse	elves as g	ay or lest	oian or bi	sexual					
								7.0	6.5	8.5	10.0	No linear change	Not available	No change
N108: Perdave asthma		ge of stu	idents wh	no had be	en told by	y a doctoi	r or nurse	that they	had asth	ıma and v	who still			
								10.9	11.4	12.1	12.1	No linear change	Not available	No change
N109: Pero						or or nurse	e for a ch	eck-up or	physical	l exam du	uring the			
ast 12 montl	hs wh	nen they	were not	t sick or i	injured				63.0	62.5	70.3	No linear change	Not available	No change
									63.0	62.5	70.3	No linear change	Not available	

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentages	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among sto		no rode a	bicycle d	luring the	past 12 i	months, t	he percer	itage who	never o	r rarely			
			95.0		90.2	92.3	89.7	91.8	93.3	90.6	91.9	No linear change	No quadratic change	No change
QN9: 1	Percentage	e of stude	ents who i	never or i	arely wo	re a seat l	belt when	riding ir	a car dri	iven by so	omeone			
			45.8		21.7	24.4	14.7	20.4	19.7	17.2	10.9	Decreased, 1997-2013	Decreased, 1997-2005 Decreased, 2005-2013	Decreased
	Percentage driven by						ring the p	oast 30 da	ys in a ca	ar or othe	er			
, CHICL			36.0		29.3	31.8	33.4	29.6	29.0	29.1	24.7	Decreased, 1997-2013	No quadratic change	No change
CHICL											-			
QN15:	Percentage			carried a	weapon	such as a	ı gun, kni	fe, or clu	b on scho	ool prope	rty on			
QN15:				carried a	weapon	such as a	gun, kni 5.4	fe, or clu	b on scho	ool prope 6.8	rty on 7.6	No linear change	No quadratic change	No change
QN15: one or :		ge of stud	6.8 lents who	did not ş	8.0 go to scho	8.8	5.4	6.1	7.7	6.8	7.6	No linear change	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

	nd Violer	ice	Hea	lth Risk	Behavio	r and Pei	centages	5				Linear Change*	Quadratic Change [*]	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18:	Percentag	ge of stud	dents who	were in	a physica	l fight on	e or more	e times d	uring the	past 12 n	nonths			
			38.8		38.9	36.1	33.2	29.9	31.3	28.5	26.1	Decreased, 1997-2013	No quadratic change	No change
	Percentage 12 month		dents who	were in	a physica	l fight on	school p	roperty o	one or mo	re times	during			
			13.4		18.9	16.7	14.0	10.1	12.3	10.6	8.4	Decreased, 1997-2013	No quadratic change	No change
		ge of stud	dents who	had eve	r been ph	ysically f	orced to l	nave sexu	ial interce	ourse wh	en they			
	Percentage want to	5												
		5			9.1	5.8	5.1	13.7	8.8	9.9	10.0	No linear change	No quadratic change	No change
did not			dents who	had ever								No linear change	No quadratic change	No change
did not	want to		dents who	had ever								No linear change No linear change	No quadratic change Not available [§]	No change
did not QN24:	want to	ge of stud			r been bu	llied on se	chool pro	perty dui	ring the p	ast 12 mo	onths 14.4			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Hispanic Injury a		ice												
			Hea	lth Risk	Behavio	and Per	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					ad or hop vities dur				wo week	s or mor	e in a			
					30.7	31.2	25.1	29.6	32.2	31.3	28.4	No linear change	No quadratic change	No change
QN27:	Percentag	ge of stud	lents who	seriousl	y conside	red attem	pting sui	cide duri	ng the pa	st 12 mo	nths			
			23.5		10.9	13.2	9.8	13.7	15.3	14.8	15.9	No linear change	Decreased, 1997-2003 No change, 2003-2013	No change
QN28: months	Percentag	ge of stud	lents who	made a	plan abou	t how the	y would	attempt s	suicide di	aring the	past 12			
			18.2		9.9	8.7	6.6	16.0	14.9	13.8	10.9	No linear change	No quadratic change	Decreased
QN29: months	Percentag	ge of stud	lents who	actually	attempte	d suicide	one or m	ore times	during t	he past 1	2			
			11.9		11.4	9.6	7.6	14.3	12.8	14.6	18.2	Increased, 1997-2013	No change, 1997-2005 Increased, 2005-2013	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. † Based on t-test analysis, p < 0.05.

Hispanio Tobacco	c/Latino Use													
			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stud	lents who	ever trie	d cigarett	te smokin	ng, even o	one or tw	o puffs					
			57.4		51.4	52.3	38.7	41.5	35.3	31.4	31.6	Decreased, 1997-2013	No quadratic change	No change
QN32:	Percentag	ge of stud	lents who	smoked	a whole o	cigarette	for the fir	rst time b	efore age	13 years				
			13.3		14.8	15.8	12.9	15.0	9.3	9.5	8.1	Decreased, 1997-2013	No quadratic change	No change
QN33:	Percentag	ge of stud	lents who	smoked	cigarette	s on one o	or more o	of the pas	t 30 days					
			14.8		13.1	13.9	7.1	9.3	7.7	7.6	4.0	Decreased, 1997-2013	No quadratic change	No change
QNFRO	CIG: Perc	centage of	f students	s who sm	oked ciga	rettes on	20 or mo	ore of the	past 30 c	lays				
			6.9		8.5	5.0	2.6	4.6	2.9	2.8	1.1	Decreased, 1997-2013	No quadratic change	No change
QN36: days	Percentag	ge of stud	lents who	smoked	cigarettes	s on scho	ol proper	ty on one	e or more	of the pa	st 30			
			10.7		9.3	7.9	4.1	5.2	3.7	3.0	1.6	Decreased, 1997-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Tobacco	e/Latino Use		Heal	lth Risk	Behavio	r and Per	centage:	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN37: for 30 d	Percentag ays	ge of stud	lents who	ever sm	oked ciga	rettes dai	ly, that is	s, at least	one ciga	rette evei	y day			
					12.3	8.1	6.3	9.7	5.4	4.7	2.9	Decreased, 2001-2013	No quadratic change	No change
QN39: days	Percentag	ge of stud	lents who	used che	ewing tob	acco, snu	ff, or dip	on one o	or more o	of the past	: 30			
-			3.6		7.2	3.6	3.1	7.5	6.7	6.2	7.1	No linear change	No quadratic change	No change
	Percentag	ge of stud		smoked								No linear change	No quadratic change	No change
QN40:	Percentaș	ge of stud		smoked								No linear change No linear change	No quadratic change No quadratic change	No change
QN40: days	Percentag YTOB: Pone or mo	ercentage	lents who	ents who	cigars, ci	garillos, o	or little c	igars on o	one or mo	ore of the	past 30 7.7			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

	:/Latino and Othe	er Drug V		ılth Risk	Behavio	r and Per	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			2022 2020
QN42: years	Percentag	ge of stud	dents who	had thei	r first dri	nk of alco	ohol othe	r than a f	ew sips b	efore age	e 13			
,			49.8		34.6	33.2	27.6	31.9	25.9	24.7	19.7	Decreased, 1997-2013	No quadratic change	Decreased
QN43:	Percentag	ge of stud	dents who	had at le	east one d	lrink of al	cohol on	one or m	nore of th	e past 30	days			
			51.3		41.8	40.6	36.6	39.4	35.9	37.5	30.9	Decreased, 1997-2013	No quadratic change	No change
	Percentagon one or				or more	drinks of	alcohol	in a row,	that is, w	ithin a co	ouple of			
, ,			32.3		24.8	26.2	19.5	18.0	18.5	18.8	13.8	Decreased, 1997-2013	No quadratic change	No change
QN47:	Percentag	ge of stud	dents who	used ma	arijuana o	ne or mo	re times o	during the	eir life					
			32.2		38.1	44.5	30.8	33.9	34.9	37.3	41.2	No linear change	No quadratic change	No change
QN48:	Percentag	ge of stud	dents who	tried ma	arijuana fo	or the firs	t time be	fore age	13 years					
			4.6		12.8	14.0	7.6	10.2	9.8	9.6	9.2	No linear change	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavio	and Per	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N49:	Percentag	ge of stud	lents who	used ma	ırijuana o	ne or moi	re times o	luring the	past 30	days				
			16.6		22.1	22.5	13.9	17.1	21.5	23.4	24.7	Increased, 1997-2013	No quadratic change	No change
NI5O.	Percentag	ge of stud	lents who	used an	y form of	cocaine,	including	g powder,	, crack, o	r freebas	e one or			
nore ti	mes durin	g their lif	e 2.7		7.4	3.5	6.0	6.3	5.2	7.9	5.3	No linear change	No quadratic change	No change
N56:	Percentag	ge of stud	2.7		ken a pres	cription o	lrug (suc	h as Oxy	Contin, P	ercocet,	Vicodin,	No linear change	No quadratic change	No change
nore ti QN56:	mes durin	ge of stud	2.7		ken a pres	cription o	lrug (suc	h as Oxy	Contin, P	ercocet,	Vicodin,	No linear change	No quadratic change Not available [§]	No change
QN56: codeine	mes durin	ge of stucill, Ritalin	2.7 lents who, or Xana	x) withou	ken a pres ut a docto	cription or's prescr	lrug (suc iption on	h as Oxyo	Contin, Pe times du	Percocet, Puring their	Vicodin, ir life 10.5			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change [*]	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stud	lents who	ever had	l sexual ii	ntercours	e							
			44.9		56.8	60.0	51.5	50.0	52.4	49.7	42.2	No linear change	Increased, 1997-2003 Decreased, 2003-2013	No change
QN60:	Percentag	ge of stud	lents who	had sexu	ual interce	ourse for	the first	time befo	re age 13	years				
			10.5		14.2	9.9	10.1	10.5	11.2	9.9	7.3	No linear change	No quadratic change	No change
QN61:	Percentag	ge of stud	lents who	had sexi	ual interco	ourse wit	h four or	more peo	ople durii	ng their li	ife			
			15.4		22.7	17.7	17.7	12.0	16.0	15.4	9.5	Decreased, 1997-2013	No quadratic change	Decreased
QN62: months	Percentag	ge of stud	lents who	had sexu	ual interco	ourse wit	h one or	more peo	ple durin	g the pas	st three			
			28.6		44.9	42.0	39.0	34.5	37.2	36.1	28.6	No linear change	Increased, 1997-2003 Decreased, 2003-2013	No change
	Among s					during the	e past thr	ee month	s, the per	rcentage	who		Decreased, 2003-2013	
		J					72.4	55.4	53.9	54.1	68.7	No linear change	Not available§	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Hispanic Sexual B			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN85:	Percentag	ge of stud	dents who	had eve	r been tau	ight in sc	hool abou	at AIDS	or HIV in	fection				
			93.6		83.6	84.8	80.9	83.8	79.4	72.8	72.5	Decreased, 1997-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavio	and Per	centages	6				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					overweig and sex)§		t or abov	e the 85t	h percent	ile but be	elow the			
					10.1	16.3	17.2	16.8	21.3	20.7	21.2	Increased, 2001-2013	No quadratic change	No change
					10.2	150	160	12.6	155	150				
QN66:	Percenta	ge of stud	lents who	describe	10.3	15.0 lves as sl	16.8 ghtly or	13.6 very ove	15.5	15.3	16.6	No linear change	No quadratic change	No change
QN66:	Percenta	ge of stud	lents who	describe						32.9	33.2	No linear change No linear change	No quadratic change No quadratic change	No change
			27.2		d themse	lves as sl	ghtly or	very ove	rweight					
			27.2		ed themse 26.7	lves as sl	ghtly or	very ove	rweight					
QN67:	Percenta;	ge of stud	27.2 lents who 41.2 lents who	were try	26.7 ring to los 33.3	lves as sl: 31.2 e weight 48.5	ghtly or 34.1 46.6	very ove: 33.5 50.9	rweight 32.6 50.5	32.9 52.8	33.2 52.9	No linear change	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on tens analysis, p < 0.05.

Soverweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

			Hea	lth Risk	Behavior	and Per	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN69: ose we	Percentagight or to	ge of stud	lents who	took any	diet pills	, powder past 30	s, or liqu days	ids witho	out a doct	or's advi	ce to			
										9.3	6.7	No linear change	Not available§	No change
	Percentage during the			vomited	or took la	5.2	to lose w	eight or t 9.7	o keep fro	om gainii 8.0	ng 8.2	Increased, 1997-2013	No quadratic change	No change
	Percenta	ge of stud	lents who	drank 10	00% fruit	juices on	e or mor	e times d	uring the	past seve	en days			
QN71:							05.1	81.9	83.3	85.0	01.6	No linear change	NT 1 2 1	
QN71:					87.1	81.5	85.1	81.9	65.5	83.0	81.6	No linear change	No quadratic change	No change
	Percenta	ge of stud	lents who	ate fruit							81.0	No linear change	No quadratic change	No change
		ge of stud	lents who	ate fruit							84.8	No linear change	No quadratic change No quadratic change	No change
QN72:		-			one or me	ore times 82.3	during t 84.9	he past se 85.8	even days 83.8	83.6				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavior	and Per	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN74:	Percentag	ge of stud	lents who	ate pota	toes one o	or more ti	mes duri	ng the pa	st seven	days				
					69.0	63.1	67.0	68.6	63.5	66.5	63.5	No linear change	No quadratic change	No change
QN75:	Percentag	ge of stud	lents who	ate carro	ots one or	more tim	nes durin	g the past	seven da	ays				
					43.8	39.7	43.0	40.9	42.8	39.8	41.1	No linear change	No quadratic change	No change
QN76:	Percentag	ge of stud	lents who	ate othe	r vegetabl	es one or	more tir	nes durin	g the pas	t seven d	ays			
					73.7	70.2	70.4	71.3	69.7	75.1	69.1	No linear change	No quadratic change	No change
	VG: Perce	entage of	students	who ate	fruits and	vegetable	es five or	more tin	nes per d	ay during	g the			
					29.3	29.9	27.7	18.2	23.5	21.8	19.1	Decreased, 2001-2013	No quadratic change	No change
	UIT: Perc			who ate	fruits or o	lrank 100)% fruit j	uices two	or more	times pe	r day			
•	-	-			46.8	39.4	41.7	30.5	34.2	35.8	31.4	Decreased, 2001-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFR(seven d): Percent ays	tage of st	udents wl	no ate fru	its or dra	nk 100%	fruit juic	es 0 time	es per day	during t	he past			
					6.5	6.7	6.8	5.6	6.6	5.7	6.0	No linear change	No quadratic change	No change
QNFR1	: Percent	tage of streven days	udents wl	ho ate fru	iits or dra	nk 100%	fruit juic	es one or	more tin	nes per da	ay			
					71.2	64.7	66.3	54.3	61.1	62.1	58.9	Decreased, 2001-2013	No quadratic change	No change
	3: Percent			no ate fru	its or dra	nk 100%	fruit juic	es three	or more ti	imes per	day			
					31.1	30.3	31.0	22.5	27.2	24.8	23.9	Decreased, 2001-2013	No quadratic change	No change
QNVE0	G: Percer	ntage of s	tudents w	ho ate ve	egetables	three or r	nore time	es per day	y during t	the past so	even			
					14.6	22.0	16.2	13.1	13.8	13.1	11.6	Decreased, 2001-2013	No quadratic change	No change
QNVE	G0: Perce	entage of	students	who ate v	vegetable	s 0 times	per day o	during the	e past sev	en days				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Hispanic/ Weight M		nent and	•		rs Behavioi	and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVEG days	1: Perce	entage of	students	who ate	vegetables	s one or r	nore time	es per day	y during t	he past so	even			
					61.4	57.5	57.3	53.1	51.9	55.9	51.2	Decreased, 2001-2013	No quadratic change	No change
QNVEG days	2: Perce	entage of	students	who ate	vegetables	s two or 1	more tim	es per day	y during	the past s	even			
					33.6	31.5	29.2	22.2	23.8	24.3	22.7	Decreased, 2001-2013	No quadratic change	No change
					fruits or ay during				o or mor	e times p	er day			
					10.8	18.1	11.0	11.1	10.7	10.2	7.8	Decreased, 2001-2013	No quadratic change	No change
		ge of stud		drank a	can, bottl	e, or glas	s of soda	or pop o	one or mo	re times 1	per day			
								30.2	26.4	22.0	20.8	Decreased, 2007-2013	Not available§	No change
		centage o		ts who dra	ank a can	, bottle, o	or glass o	f soda or	pop 0 tin	nes per da	ay			
· 3 ·-	F	<u>-</u>						13.7	14.9	17.0	20.7	Increased, 2007-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	rcentages	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	A2: Perong the pa			s who dra	ank a can	, bottle, o	r glass of	f soda or j	pop two o	or more ti	mes per			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N80: or more	Percentage of the pa	ge of stud	lents who	were ph	ysically a	active for	a total of	at least o	50 minute	es per day	on five			
	•		Ĭ				21.8	31.0	32.2	34.3	33.8	Increased, 2005-2013	Not available [§]	No change
	DAY: Po			ents who	were phy	sically ac	tive for a	total of a	it least 60	minutes	per day			
OH OH	me past s	even day	8											
							33.2	21.0	18.6	18.8	20.6	Decreased, 2005-2013	Not available	No change
QNPA'				ents who	were phy	sically ac					-	Decreased, 2005-2013	Not available	No change
QNPA'	DAY: Pothe past s			ents who	were phy	sically ac					-	Decreased, 2005-2013 No linear change	Not available Not available	No change
QNPA' on 7 of	the past s	even day	s			sically ac	tive for a	total of a	19.0	minutes	per day	,		
QNPA' on 7 of	the past s	even day	s				tive for a	total of a	19.0	minutes	per day	,		
QNPA' on 7 of QN81:	Percentag	ge of stud	lents who	o watched	I three or 49.3	more hou	11.7 urs per da 45.2 games or	total of a 19.6 y of TV 39.2	19.0 on an ave	18.7 erage scho	17.0 000 day 36.9	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN83: Paverage w	Percentag week wh	ge of stud en they v	vere in sc	attended chool		l educatio						Decreased, 1997-2013	No quadratic change	No change
average w	week who	en they v	83.6 of student	chool	74.5	86.4 ysical edu	82.4	65.6	77.7	70.0	66.8	Decreased, 1997-2013	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

ier			Hea	lth Risk	Behavio	r and Pei	rcentages	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
991 1	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Hispanio Site-Ado	c/Latino led		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag	ge of stud	dents who	would d	lescribe tl	heir grade	es in scho	ool as mo	stly A's o	r B's duri	ing the			
F 200 12								54.4	46.4	52.6	57.2	No linear change	Not available§	No change
QN88:	Percentag	ge of stud	dents who	have ph	ysical dis	sabilities of	or long-te	erm healt	h problen	ns				
								11.2	10.7	13.1	7.0	No linear change	Not available	Decreased
QN89:	Percentag	ge of stud	dents who	have lo	ng-term e	motional	problem	s or learn	ing disab	ilities				
								12.3	10.1	14.2	10.7	No linear change	Not available	Decreased
	Percentag r they smo			were as	ked by a	doctor, de	entist, or	nurse dui	ring the p	ast 12 mo	onths			
								22.9	25.3	26.3	27.2	No linear change	Not available	No change
	Percentage the past		dents who	used ch	ewing tob	oacco, snu	ıff, or dip	on scho	ol proper	ty on one	e or			
	- III Pust									4.1	5.2	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

(ispanic/ ite-Addo			Hea	lth Risk	Behavio	r and Pei	rcentages	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN103:	Percenta	age of stu	idents wh	o have h	ad sexual	l contact v	with male	es and fer	nales dur	ing their	life			
								4.9	5.2	6.5	5.5	No linear change	Not available§	No change
QN104:	Percenta	age of stu	ıdents wh	o describ	e themse	elves as ga	ay or lesb	oian or bi	sexual	-	-			
								8.7	7.6	9.6	11.7	Increased, 2007-2013	Not available	No change
QN108: have ast		age of stu	idents wh	o had be	en told b	y a doctor	or nurse	that they	had asth	nma and v	who still	No linear change	Not available	Decreased
			dents wh were not			or or nurse	for a ch	eck-up oi	physical	l exam dı	iring the			
-		·			-				61.6	63.6	72.4	Increased, 2009-2013	Not available	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.