

TEAMWorks is designed to teach patients how to manage heart disease in order to prevent complications and improve their quality of life.



Easy Steps to Hosting a TEAMWorks Program in your Office

Pre-Program

- Select a date and time with TEAMWorks Coordinator
- Identify patients with heart disease and invite them to the program

Program Day

- Greet and escort patients to space where education will be provided
- MD presents brief heart disease education topic and meets with all patients in a 10 minute disease specific office visit billable to third party payer
- Administer flu and pneumonia vaccines, as needed
- Schedule follow up visits and referrals (CR, DOE)

Contact:

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TEAMWorks

CARDIOVASCULAR GROUP VISIT
for optimal management of heart disease

An effective, free, and easy program that improves outcomes for patients with heart disease.



Teaching patients to manage heart disease, prevent complications, and improve quality of life.



Heart Disease Screening and Assessment

Provider (NP, PA, MD) leads the TEAM effort.

- Provider conducts a heart disease centered office visit, billable to third party insurers
- Pharmacist completes an individual assessment of each patient's medications

State-of-the-art Education

Cardiovascular Disease Outpatient Educators (CVDOEs) help patients manage heart disease.

- Nurse reviews risk factors for heart disease and teaches stress reduction techniques
- Dietitian teaches meal planning for heart healthy living as well as the importance of physical activity
- Registered pharmacist, nurse, dietitian, and physician all work with patients as a TEAM in a group setting

Physician Testimonials

DR. C says "I found the CVD TEAMWorks to be a very useful addition to our traditional patient care. There were suggestions that we (primary care physicians) will incorporate to improve patient care."

"The attention from the TEAMWorks nurse, nutritionist & pharmacist motivated my patients to do more to manage their heart disease." Dr. A

"My patients have a better understanding about their heart disease after attending the TEAMWorks program. I appreciate having TEAMWorks in my office." Dr. R



TEAMWorks Day Includes

Medical screening and assessment, education, and referrals.

Patient assessment

- Height
- Weight
- BMI
- Blood Pressure
- Immunizations (Flu/Pneumonia)

Laboratory testing review

- Lipid profile

Referrals

- Cardiac Rehab (CR)
- Cardiovascular Disease Outpatient Education (CVDOE)

Patients as Team Members

Patients are considered members of the TEAM and are taught skills needed to achieve overall self care goals as prescribed by the physician. Significant others may also attend and participate.

There is no charge for the TEAMWorks Program

The RI Department of Health provides the TEAMWorks program with a grant from the Centers for Disease Control. The physician bills each patient's insurance company for the office visit, usual co-payment applies.

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