

## TEAMWORKS PROGRAM RESULTS

Diabetes Indicator		12 Month Pre Program	15 Month Post Program
Hba1c	n=177	7.6%	7.3%
BP (<130/80)	n=217	29.5%	46.5%
LDL	n=133	113.1ug/dl	104.9ug/dl
Insulin Compliance*	n=27	TW Day 51.9%	6 mo. Post TW 81.5%



**TEAMWORKS** is designed to teach patients how to manage diabetes in order to prevent complications and improve their quality of life.

## Easy Steps to Hosting a TEAMWORKS Program in your Office

### Pre-Program

- Select a date and time with TEAMWORKS Coordinator
- Identify patients with diabetes and invite them to the program

### Program Day

- Greet and escort patients to space where education will be provided
- MD presents brief diabetes education topic and meets with all patients in a 10 minute diabetes centered office visit billable to third party payer
- Administer flu and pneumonia vaccines, as needed
- Schedule follow up visits and referrals (DRE, DOE)

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### Contact:

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# TEAMWORKS

DIABETES GROUP VISIT  
for optimal management of diabetes

An effective, free, and easy program that improves outcomes for patients with diabetes.



Teaching patients to manage diabetes, prevent complications, and improve quality of life.



## Diabetes Screening and Assessment

Provider (NP, PA, MD) leads the TEAM effort.

- Provider conducts a diabetes centered office visit, billable to third party insurers
- Pharmacist completes an individual assessment of each patient's medications.

## State-of-the-art Education

Certified Diabetes Outpatient Educators (CDOEs) help patients manage diabetes.

- Nurse reinforces A1C goals and proper use of glucose meters
- Dietitian teaches meal planning for healthy living as well as the importance of physical activity
- Registered pharmacist, nurse, dietitian, and physician all work with patients as a TEAM in a group setting

### Physician Testimonials

DR. V says that he will participate in this program again because "all the patients walked away with new knowledge."

Dr. O writes about the TEAMWorks Educators, "Excellent, motivated team!" and "Found the program to be an excellent educational resource."

"It was of great value to my patients and every one of them seemed to really enjoy it!" Dr. A



### TEAMWorks Day Includes

Medical screening and assessment, education, and referrals.

#### Patient assessment

- Height
- Weight
- BMI
- Blood Pressure
- Foot Exam
- Immunizations (Flu/Pneumonia)

#### Laboratory testing review

- HgbA1C
- FBS
- Lipid profile
- Microalbumin

#### Referrals

- Dilated Retinal Exam (DRE)
- Diabetes Outpatient Educators (DOE)

### Patients as Team Members

Patients are taught and practice skills needed to achieve overall diabetes care goals as prescribed by the physician. Significant others may also attend and participate.

### There is no charge for the TEAMWorks Program

The RI Department of Health provides the TEAMWorks program with a grant from the Centers for Disease Control. The physician bills each patient's insurance company for the office visit, usual co-payment applies.

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