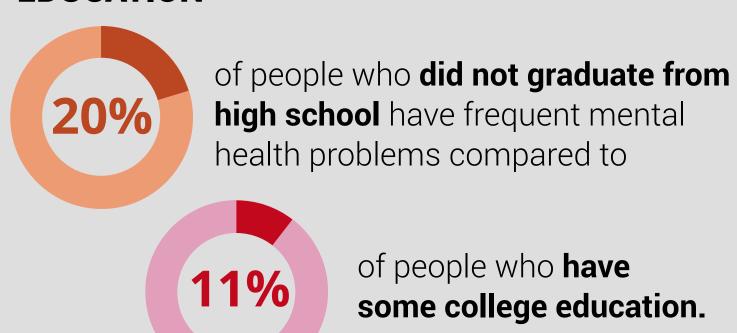
## Who's at risk for poor mental health?



#### **EDUCATION**



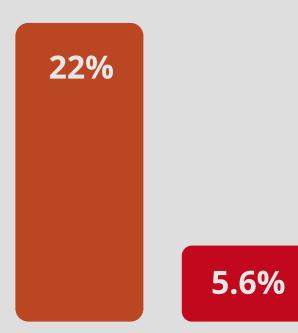
#### **SEXUAL ORIENTATION**



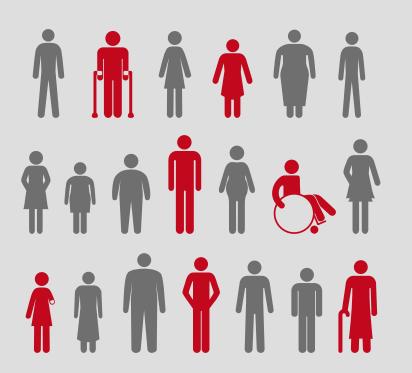
1 out of 4 people who identify as homosexual, bisexual, or other have frequent mental health problems compared to 1 out of 8 of people who identify as heterosexual.

#### **INCOME**

22% of people who earn less than \$25,000 have frequent mental health problems compared to 5.6% of people who earn \$75,000 or more.



#### **DISABILITY**



7 out of 20 people with a disability have frequent mental health problems compared to less than 2 out of 20 for those with no disabilities.

88,000
working age adults in Rhode Island report 14 or more days of poor mental health in the past month.

#### **HEALTHCARE COSTS**



People for whom **cost is a barrier** to accessing
medical care are **two times** more likely to have
frequent mental health
problems than those
people for whom **cost isn't a barrier.** 

### What Are Social Determinants?

The social determinants of health are the conditions in which people are born, grow, live, work, and age. These circumstances are shaped by the distribution of money, power, and resources at global, national, and local levels.

Quality of Life

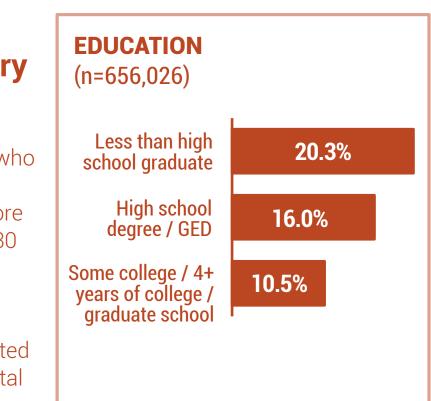
Health-related Quality of Life (HRQoL) include aspects of overall quality of life that can be clearly shown to affect health - either physical or mental. The data presented below examine the Rhode Islanders age 18-64 who reported they experienced 14 or more days out of the past 30 during which physical health was not good.

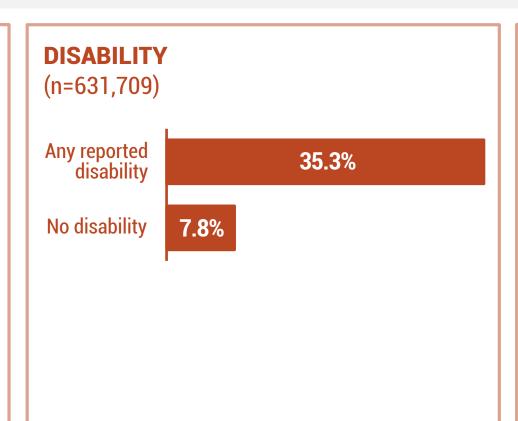
The Survey

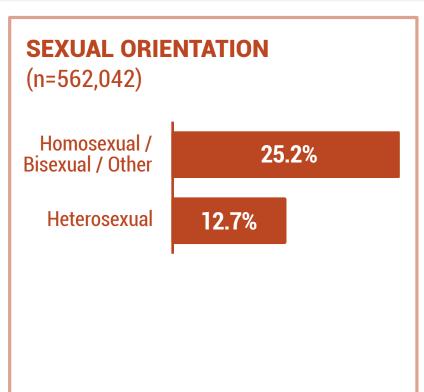
Rhode Island Behavioral Risk Factor Surveillance System (BRFSS) is a health-related telephone survey that collects data in Rhode Island (and all 50 states) from residents regarding their health-related risk behaviors, chronic health conditions, and use of preventive services.

## The data behind the story

This data from 2014 represent Rhode Islanders age 18-64 who reported they experienced 14 or more days out of the past 30 during which mental health was not good. Overall, 13.3% out of 661,566 people reported 14 or more poor mental health days.

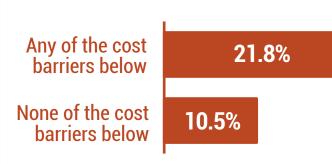








# HEALTHCARE COSTS (n=596,834)



- Needed to see a doctor in past 12 months but could not due to cost
   Did not take prescribed medication in past 12 months due to cost
- 3. Healthcare bills being paid off over time