



RHODE ISLAND MIDDLE SCHOOL DATA 2015 MENTAL HEALTH

1 in 5
MIDDLE SCHOOL
STUDENTS WERE
CYBER-BULLIED

MIDDLE SCHOOL GIRLS WERE
3X MORE LIKELY
TO SERIOUSLY THINK ABOUT
KILLING THEMSELVES
THAN MIDDLE SCHOOL BOYS

1 in 20
MIDDLE SCHOOL
STUDENTS HAVE
**TRIED TO KILL
THEMSELVES**

STUDENTS:

IF YOU SEE BULLYING
happen, try to stop it. If you can't stop it, report it.
IF YOU ARE FEELING SAD,
tell someone. It is okay to let someone else help you.
IF YOU OR YOUR FRIEND ARE
THINKING ABOUT SUICIDE,
CALL 1-800-273-TALK
right away! Help is free and confidential.

PARENTS:

Tell your kids that
BULLYING IS WRONG
and bullying is never the victim's fault.
WATCH FOR WARNING SIGNS
of a bigger problem: skipping school, bad grades,
or change in friends.
HAVING A "BAD DAY" IS NORMAL.
Sadness, anxiety, or depression that interferes with regular
activities and friendships is not. Ask your doctor about the
possibility of clinical depression.

