



What Travelers Need to Know About **ZIKA**

HEADED TO A PLACE WITH ZIKA?

PREVENT MOSQUITO BITES.

- Use EPA-registered repellent with 20-30% DEET
- Wear long-sleeved shirts and long pants
- Stay in places with air conditioning or window and door screens
- Sleep under a mosquito net

Zika virus is spread primarily through the bite of an infected mosquito.

Zika can also be spread by a man to his sex partners.

Zika infection during pregnancy can cause birth defects in babies.



**For information about areas with Zika:
www.health.ri.gov/zika**