

What Travelers Need to Know About Zika

- Zika virus is spread primarily through the bite of an infected mosquito.
- Zika can also be spread by a man to his sex partners.
- Infection with Zika during pregnancy is linked to birth defects in babies.

HEADED TO A PLACE WITH ZIKA? PREVENT MOSQUITO BITES.

- Use EPA-registered repellent with 20-30% DEET
- Wear long-sleeved shirts and long pants
- Stay in places with air conditioning or window and door screens
- Sleep under a mosquito net

RETURNING FROM A PLACE WITH ZIKA?

- Talk to your doctor if:
 - You are pregnant, or planning to become pregnant
 - Have a pregnant partner
 - Have symptoms of Zika (fever, rash, joint pain, red eyes)
- Avoid mosquito bites during mosquito season



**For information about areas with Zika:
www.health.ri.gov/zika**

