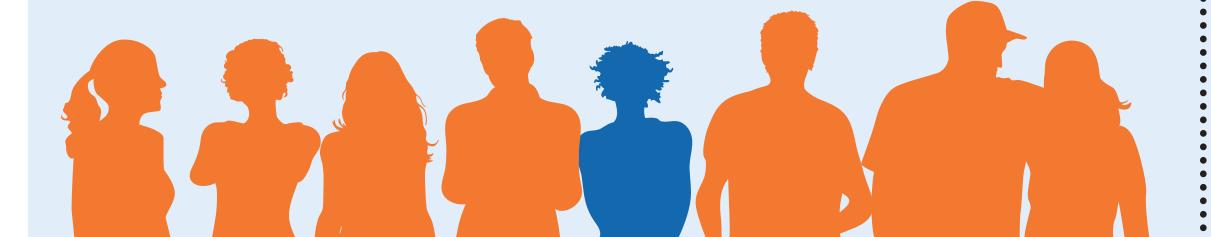
## WHAT YOU TOLD US ABOUT Mental Health

# **1** in **4 STUDENTS** FEELS SEVERELY DEPRESSED.

**GIRLS SUFFER FROM DEPRESSION MORE THAN BOYS (35% vs. 14%)** 

### One in eight students has an emotional or learning problem (12%)

Girls are more likely to have an emotional disability than boys (15% vs. 10%)





ALMOST ONE IN 7 STUDENTS

ATTEMPTS SUICIDE

1 IN 6 STUDENTS IS EMBARRASSED BY THEIR TEETH

(OR MOUTH).

GIRLS ARE MORE → SELF-CONSCIOUS ← THAN BOYS (21% VS. 12%).

### GOOD NEWS: HERE'S WHAT YOU CAN DO:

If you have thoughts of suicide, call



for free assistance.



**Discuss your feelings with a trusted friend or adult.** Let them help you. Get involved with others. Support (or start) a community watch program, help an elderly neighbor, or join a club.



#### Know the facts.

This information is from the 2013 High School Youth Risk Behavior Survey (YRBS), administered by the Rhode Island Department of Health. (www.health.ri.gov/data/youthriskbehaviorsurvey) 401-222-5111

