FINDING HEALTHCARE IN RURAL RHODE ISLAND
## Where to find services in rural Rhode Island

Below is a list of providers that are located near rural communities.

### Health Centers

<table>
<thead>
<tr>
<th>Provider</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>WellOne</strong></td>
<td>36 Bridge Way (across from Post Office), Pascoag</td>
<td>401-567-0800</td>
</tr>
<tr>
<td><strong>Wood River Health Services</strong></td>
<td>823 Main St., Hope Valley</td>
<td>401-539-2461</td>
</tr>
<tr>
<td><strong>East Bay Family Health Center-Newport (EBCAP)</strong></td>
<td>6 John H. Chafee Blvd., Newport</td>
<td>401-848-2160</td>
</tr>
<tr>
<td><strong>Block Island Health Services</strong></td>
<td>6 Payne Rd., New Shoreham</td>
<td>401-466-2974</td>
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### Behavioral Health

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<td>36 Bridge Way (across from Post Office), Pascoag</td>
<td>401-567-0800</td>
</tr>
<tr>
<td><strong>Gateway - South Shore Center</strong></td>
<td>4705A Old Post Rd., Charlestown</td>
<td>401-364-7705</td>
</tr>
<tr>
<td><strong>Thundermist - Wakefield</strong></td>
<td>1 River St., Wakefield</td>
<td>401-783-0523</td>
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### Oral Health

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<td>401-567-0800</td>
</tr>
<tr>
<td><strong>Wood River Health Services</strong></td>
<td>823 Main St., Hope Valley</td>
<td>401-387-9601</td>
</tr>
<tr>
<td><strong>EBCAP Dental Clinic</strong></td>
<td>19 Broadway, Newport</td>
<td>401-845-0564</td>
</tr>
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### WIC Sites

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<tr>
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<tbody>
<tr>
<td><strong>Thundermist Health Center</strong></td>
<td>450 Clinton St., Woonsocket</td>
<td>401-767-4109</td>
</tr>
<tr>
<td><strong>Wood River Health Services</strong></td>
<td>823 Main St., Hope Valley</td>
<td>401-387-9638</td>
</tr>
<tr>
<td><strong>Wood River Westerly Satellite</strong></td>
<td>93 Tower St., Westerly</td>
<td>401-387-9611</td>
</tr>
<tr>
<td><strong>East Bay Community Action Program (EBCAP)</strong></td>
<td>1048 Stafford Rd., Tiverton</td>
<td>401-625-1364</td>
</tr>
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### SNAP (Food Stamps)

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<tr>
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<tr>
<td><strong>Woonsocket DHS</strong></td>
<td>800 Clinton St., Woonsocket</td>
<td>1-855-697-4347</td>
</tr>
<tr>
<td><strong>Newport Regional Family Center</strong></td>
<td>272 Valley Rd., Suite 1, Middletown</td>
<td>1-855-697-4347</td>
</tr>
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### Food Assistance

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<tr>
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<tr>
<td><strong>Scituate Food Pantry</strong></td>
<td>1315 Chopmist Hill Rd., North Scituate</td>
<td>401-647-2768</td>
</tr>
<tr>
<td><strong>WARM Shelter Meal Site Program</strong></td>
<td>54 Spruce St., Westerly</td>
<td>401-596-WARM (9276)</td>
</tr>
<tr>
<td><strong>EBCAP Tiverton Pantry</strong></td>
<td>1048 Stafford Rd., Tiverton</td>
<td>401-625-5134</td>
</tr>
</tbody>
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Hours vary
### Home Visiting Services for Pregnant and Parenting Families

**First Connections** - for pregnant women and families with children younger than age three  
**Northern Rhode Island: Family Resources Community Action**  
401-222-5960  
Call to see which programs may benefit you and your family. All services are free of cost.

**South County: VNS Home Health Services**  
401-782-0500  
Call to see which programs may benefit you and your family. All services are free of cost.

### Special Healthcare Needs

**Family Voices at the Rhode Island Parent Information Network**  
1210 Pontiac Ave., Cranston  
401-270-0101  
Healthcare information, family-to-family support, and leadership development for families of children with special healthcare needs.

### Shelters

**Woonsocket Family Shelter Family Resources Community Action**  
1176 Sayles St., Woonsocket  
401-767-0866  
1176 Sayles St., Woonsocket  
Area Served: All of Rhode Island  
Admission criteria: Families with children, Single and two-parent heads of household; Please call for information.

**Welcome House of South County**  
8 North Rd., Peace Dale  
401-782-4770  
Area Served: Washington County  
Admission criteria: Single adults, Male or female, 18 or older

### Domestic Violence

**Sojourner House**  
386 Smith St., Providence  
24-Hour Hotline: 401-765-3232 V/TTY  
401-861-6191  
Area Served: Burrillville, Foster, Glocester, North Smithfield, Providence, Smithfield, Woonsocket  
Monday-Friday, 9 a.m. - 5 p.m.

**Domestic Violence Resource Center of South County**  
61 Main St., Wakefield  
24-Hour Helpline: 401-782-3990  
1-800-494-8100  
401-782-3995  
Monday-Friday, 8:30 a.m. - 4:30 p.m.

**Women’s Resource Center of Newport & Bristol**  
1114 Touro St., Newport  
1-800-494-8100  
Drop in center for referrals, support, or advocacy: Monday-Friday, 8:30 a.m. - 4:30 p.m.  
24-hour hotline, shelter, and assistance

### Alcohol/Drug Addiction

**The Journey to Hope, Health, and Healing Center**  
86 Beach St., Westerly  
1-877-400-4673 (24 hour)  
Monday-Friday, 5 a.m. - 1 p.m.

**Community Care Alliance**  
800 Clinton St., Woonsocket  
401-235-7120 (24 hour)

**CODAC Newport**  
93 Thames St., Newport  
401-846-4150  
Specializes in substance abuse, detoxification, and methadone maintenance for adults and adolescents  
Monday/Friday, 6 a.m. - 5 p.m.; Tuesday/Wednesday/Thursday 6 a.m. - 8 p.m.

### Tobacco Cessation

**Smoker’s Helpline**  
1-800 QUITNOW (1-800-784-8669)  
Free cessation information, multi-session telephone counseling, and self-help materials

### RIPTA Services

**RIPTA** offers Flex Service for suburban and rural areas that have little or no fixed service.  
401-784-9500 ext. 1220  
You must call 24 hours in advance to make a reservation.
Rural Rhode Island

Despite its small size and urban reputation, nearly half of Rhode Island’s towns are rural. About 18% of the State’s population lives in rural communities, a total of more than 190,000 people.

In Rhode Island, as in rural communities throughout the US, small numbers of local healthcare providers and limited public transportation create barriers to accessing healthcare.

Rural Rhode Islanders face health disparities

- High school students living in rural communities report some of the highest alcohol, drug, and cigarette use in the state.

- Participation in the Women, Infants, and Children (WIC) supplemental nutrition program in rural communities is lower than in metro areas. According to Rhode Island KIDS COUNT, only 42% of women and children in rural areas who are eligible for WIC participate, compared to the statewide average of 65%.

- Mental health services are an area of need in rural communities. In Burrillville, 28.6% of adults reported having a diagnosis of depression from a provider, exceeding the State and national average.

Treatment and Recovery Support Resources in Rhode Island:


Call 401-942-STOP to connect with a licensed counselor, 24 hours a day, seven days a week.

Contact:
Office of Primary Care and Rural Health
Jill D’Errico
401-222-1488
www.health.ri.gov

Use this Guide to find the care you need, or visit
health.ri.gov/find/healthservices

For more information on rural services in New England, please visit
www.newenglandruralhealth.org