



RHODE ISLAND DEPARTMENT OF HEALTH - WIC PROGRAM
Vendor Minimum Inventory Requirements for WIC Allowed Foods



EACH GROCERY AND FOOD STORE shall maintain all food groups

WIC allowed foods must be kept in stock at all times. They must be in sales areas or upon request and immediately accessible to the WIC shopper. To remain in good standing with the WIC Program, vendors must have WIC allowed foods readily available for review by WIC officials at the following minimum inventory levels. HEALTH will not include excessively priced foods, out of code, altered or contaminated foods and damaged containers in calculating inventory levels.

NO INDIVIDUAL SERVINGS ALLOWED
NO PREMIUM, SPECIALTY, GOURMET, ORGANIC, or NATURAL FOODS

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--|--------------|--------------|--------------------|---------------------|-------|---------------------|-----------------|----------------|--------------|------------|-------------|------------------|------------|--------|------|-------------|-----|------------|------------|---------|------------|-----------|--------------------|--|
| <p>MILK <u>STORE BRAND OR LEAST EXPENSIVE</u> Vitamin A and D fortified <u>NO</u> flavored, <u>NO</u> organic, <u>NO</u> high calcium Fat Free or 1% Milk and Whole Milk (if specified on, Lactaid Milk, Lactose reduced, Acidophilus treated, Non-fat Dry or Evaporated)</p> <p style="text-align: center;">Total 256 oz. whole milk (Inventory must include a minimum of 2 each of quarts, half gallons and gallons). Total 256 oz Fat Free or 1% milk (Inventory must include a minimum of 2 each of quarts, half gallons and gallons).</p> | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>CHEESE Any Brand, (12 to 16 oz. packages only) <u>NO</u>, singles, <u>NO</u> added ingredients, <u>NO</u> individually wrapped Types of cheese: American, Cheddar, Colby, <u>NO</u>, cheese food products or spreads, <u>NO</u> imported, Monterey Jack, Mozzarella, Muenster and Provolone <u>NO</u> blends, <u>NO</u> deli except listed below</p> <p style="text-align: center;"><u>Two types of cheese from above list – 3 lb. of each type</u> <u>(At least one must be 16 oz. Portions)</u></p> <p style="text-align: center;">Deli Cheese – ONLY American Cheese store brand or least expensive</p> | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>JUICE 100% Juice as Listed - <u>NO</u> Refrigerated Cartons, <u>NO</u> Fruit Drink</p> <p><u>64 oz. Shelf-stable Bottle:</u> - Juicy Juice (Any Flavor) - Old Orchard (Any Flavor)</p> <p><u>11.5 to 12 oz. LIQUID concentrate of:</u> WELCH'S - All Flavors JUICY JUICE - All Flavors</p> <p style="text-align: center;"><u>Two types from juices listed</u> <u>(total of 12 cans)</u> 64 oz. fluid or 11.5 to 12 oz. Frozen and/or Liquid Concentrate</p> | <p><u>11.5 -12 oz. FROZEN Concentrate only of:</u> - APPLE - Seneca , Shaw's, IGA , Old Orchard, Stop & Shop</p> <p>- GRAPE - Welch's (with yellow stripe only) (no blends) Grape Juice, White Grape Juice Old Orchard - Grape Juice, White Grape Juice Stop & Shop – Grape Juice</p> <p>- Orange, Pineapple, Grapefruit - Any Brand</p> | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>EGGS Least Expensive Brand – Grade A Large – White or Brown</p> <p style="text-align: center;">5 dozen (must have 1 doz. packages)</p> | <p>PEANUT BUTTER 16 - 18 oz. size only <u>NO</u> added flavorings, any brand smooth or chunky</p> <p style="text-align: center;">FIVE containers</p> | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>BEANS, PEAS, OR LENTILS Any Brand, One lb. Bag or 14-16 oz. can, <u>NO</u> Flavorings, <u>NO</u> Mixed Beans or specialty, <u>NO</u> Baked Beans</p> <table border="0" style="width: 100%;"> <tr> <td>Black Beans</td> <td>Cow</td> <td>Lima (Baby)</td> <td>Pigeon Beans</td> <td>Roman</td> <td>Split Peas (Yellow)</td> </tr> <tr> <td>Black Eyed Peas</td> <td>Great Northern</td> <td>Lima (Large)</td> <td>Pink Beans</td> <td>Small White</td> <td>Yellow-eyed Peas</td> </tr> <tr> <td>California</td> <td>Kidney</td> <td>Mung</td> <td>Pinto Beans</td> <td>Soy</td> <td>Whole Peas</td> </tr> <tr> <td>Chick Peas</td> <td>Lentils</td> <td>Navy Beans</td> <td>Red Beans</td> <td>Split Peas (Green)</td> <td></td> </tr> </table> <p style="text-align: center;"><u>Two types from those listed, 2 lbs. of each type or 8 (14-16 oz.) cans</u> <u>of any combination of approved brands</u></p> | | Black Beans | Cow | Lima (Baby) | Pigeon Beans | Roman | Split Peas (Yellow) | Black Eyed Peas | Great Northern | Lima (Large) | Pink Beans | Small White | Yellow-eyed Peas | California | Kidney | Mung | Pinto Beans | Soy | Whole Peas | Chick Peas | Lentils | Navy Beans | Red Beans | Split Peas (Green) | |
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| Black Eyed Peas | Great Northern | Lima (Large) | Pink Beans | Small White | Yellow-eyed Peas | | | | | | | | | | | | | | | | | | | | |
| California | Kidney | Mung | Pinto Beans | Soy | Whole Peas | | | | | | | | | | | | | | | | | | | | |
| Chick Peas | Lentils | Navy Beans | Red Beans | Split Peas (Green) | | | | | | | | | | | | | | | | | | | | | |
| <p>FRUITS AND VEGETABLES - No Potatoes (Except sweet Potatoes / Yams) - No Additives - No Glass Jars</p> <p style="text-align: center;">Must have 4 lbs. total of At least 2 types of Fresh or Frozen or 14-16 oz. Cans</p> | <p>CANNED FISH Tuna (5 oz cans) Salmon (6 oz. cans) Sardines (3.75 oz. cans) No Additives</p> <p style="text-align: center;">Must have 30 oz. total of Any combination of approved brands Can Sizes 5 oz., 6 oz. or 3.75 oz. (Lowest Price)</p> | | | | | | | | | | | | | | | | | | | | | | | | |

INFANT CEREAL Dry **NO** added fruit or honey
Barley, Oatmeal, Mixed and Rice (Beechnut Only)

Total 48 oz. At least one cereal from types listed (must include 8 oz. box)

BABY FOOD **NO** mixes **NO** Organic **NO** added sugar or DHA **NO** Desserts (Beechnut Only)

Total of 128 oz., 4 oz. Jars only
Two different fruits & two different vegetables

Baby Food Meats should be available within 48 hours upon request

CEREALS Minimum Size: Boxes **NO** less than 12 oz. "No Single Servings" "ORIGINAL Flavor only"

PRIVATE LABEL BRANDS

GENERAL MILLS Cheerios (Reg. Only)*
Chex Corn
Chex Rice
Total Whole Grain*

KELLOGG'S Mini Wheats – Unfrosted*
Corn Flakes
Frosted Mini Wheats Original (No Flavor)*

FARINA Creamy Hot Wheat Cereal

JIM Dandy Quick Grits

MAYPO Maple Oatmeal*

NABISCO Cream of Wheat Whole grain*

POST Honey Bunches of Oats Honey Roasted
Honey Bunches of Oats with Almonds
Honey Bunches of Oats – Vanilla Clusters
Grape Nuts Flakes*
Grape Nuts*
Selects – Banana Nut Crunch*

QUAKER Life (Reg. Only)*
Oatmeal Squares (Brown Sugar)*
Quaker Instant Grits

BEST YET Bran Flakes*
Corn Flakes
Creamy Wheat Hot Cereal
Crispy Rice
Frosted Shredded Wheat*
Toasted Oats*

IGA Bran Flakes*
Corn Flakes
Crispy Rice
Frosted Shredded Wheat*
Toasted Oats*

KRASDALE Corn Flakes
Crispy Rice
Creamy Wheat Hot Cereal
Toasted Oats*

MALT-O-MEAL Creamy Wheat Hot Cereal
Crispy Rice
Frosted Mini Spooners*

* Whole grain

RALSTON Corn Flakes
Crispy Rice
Frosted Shredded Wheat*
Toastees Os*

SHAW'S Corn Flakes
Crispy Rice
Frosted Shredded Wheat*
Toasted Oats*

STOP & SHOP Corn Flakes
Crispy Rice
Frosted Shredded Wheat*
Toasted Oats*

GREAT VALUE Bran Flakes*
Corn Flakes
Crispy Rice
Toasted Oats*

SHURFINE Corn Flakes
Crispy Rice
Frosted Shredded Wheat*
Toasted Oats*

36 oz. Each of **4 (four)** types **From Them:**
- 3 must be dry cold cereals,
- 1 must be private and/or generic brand from listed
- 2 must be whole grain cereals

BREADS AND WHOLE GRAINS Bread at least 1 lb. (16 oz.) Approved brands only

Brown Rice: 14-16 oz. bag/box

Breads and Buns/ Rolls:

Pepperidge Farm: Stone Grnd 100% Whole Wheat

Kasanof's: 100% Whole Wheat Bulky Rolls

Gold Medal: 100% Wheat with Flex

Nature's Promise: Natural Wheat Sub Rolls (6 ct.)

Weight Watcher's: 100% Whole Wheat Multi-grain Wheat Sandwich Rolls (8ct.)

Wonder: Soft 100% Whole Wheat

Stop & Shop: 100% Whole Wheat

Arnold: Stone Ground 100% Whole Wheat Select Multi-grain Kaiser Rolls (8ct.)

Shaw's: 100% Whole Wheat

Tortilla/Wraps:

Tam-x-ico's 100 % Whole Wheat

Don Pancho: Whole Wheat

Don Pancho: Corn tortilla (Yellow or White)

Wrap-itz: 100% Whole Wheat wraps

6 lb. Minimum (Combination of Whole wheat bread, tortillas and brown rice).

FORMULA

FOR Stores with 1 - 3 registers
- 24 cans Nestle GOOD START Gentle PLUS (13 oz. Concentrate)
- 12 cans Nestle GOOD START Gentle PLUS (12 oz. Powder)

- Nestle GOOD START **Soy PLUS** (13 oz. Concentrate) and / or (12.9 oz. Powder)
Should be available to Participant upon request within 48 hours

FOR Stores with 4 + registers/branches
- 48 cans Nestle GOOD START Gentle PLUS (13 oz. Concentrate)
- 24 cans Nestle GOOD START Gentle PLUS (12 oz. Powder)
- 24 cans Nestle GOOD START **Soy PLUS** (13 oz. Concentrate)
- 12 cans Nestle GOOD START Supreme **Soy PLUS** (12.9 oz. Powder)